



Dr. Mike Milligan

Dr. Mike Milligan earned his Bachelor of Science in Biology from the University of Houston, where he competed on the golf team with teammates Fuzzy Zoeller, Bill Rogers, and Bruce Lietzke. He has won 138 amateur golf tournaments including the Illinois State Amateur, Illinois State Match Play, and Butler National Amateur.

Dr. Milligan graduated first in his class from Southern Illinois University School of Dental Medicine in 1978. Dr. Milligan owns and maintains Eastland Dental Center, LTD, a large high-quality multi-doctor dental practice in Bloomington, Illinois, in which he practices golden rule dentistry – the core philosophy that he will treat his patients the way he wants his own family treated.

He is Founder and President of OralSystemicLink.net “Saving Lives through Oral-Systemic Health.” He is a Founding Member, Board Member, Past President, and Fellow of the American Academy for Oral Systemic Health. He is Past President and Board Member of the McLean County Dental Society in Illinois.

Dr. Milligan was Chief Investigator for a billion dollar nutritional company of a groundbreaking study: “The Effects of a Nutritional Supplement on Periodontal Health and Antioxidant Levels.” He was one of the early speakers and authors on the Oral-Systemic Link. Dr. Milligan has authored articles, contributed to articles, and/or lectured on many dental topics to groups nationwide including 1000 Gems, Excellence in Dentistry, the Crown Council, Kisco Dental, The Richards Report, the Madow Brothers Monthly, Dental Equipment and Materials, Dental Economics, the American Academy for Oral Systemic Health, and others.

Dr. Milligan built Eastland Professional Suites, a 26,000 foot professional building where his current dental office resides, and sold the other suites as condominiums to surgeons, ENTs, dermatologists, and audiologists.

Dr. Milligan’s written mission is “to help people live better.” He enjoys spending time with his lovely wife, Karen, their four wonderful children, and their five beautiful grandchildren.