

# **A Practical Guide to Salivary Diagnostics**

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AAOSH

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# Overview of Presentation

- Bringing the clinical laboratory to the dental profession
- Applications of molecular genetics in the dental practice
  - Evaluating oral pathogens in periodontitis
  - Genetic risk assessment for CP and systemic health
- Towards a more comprehensive program in screening for oral cancer

# Introduction

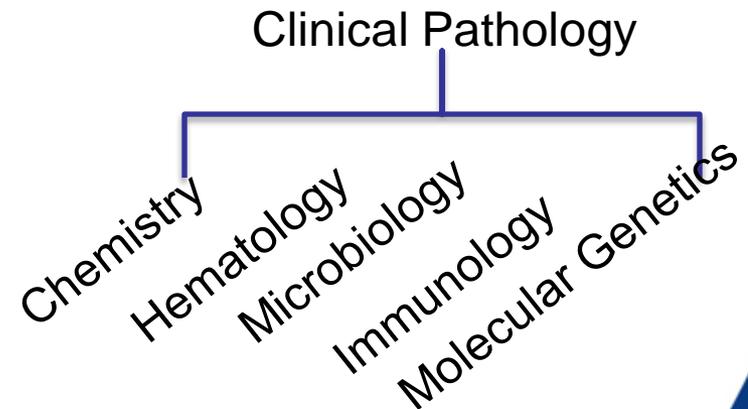
- Saliva is an obvious choice for clinical lab testing:
  - Easy to collect
  - Not, very, offensive
  - Representative of the state of health and disease in:
    - The ororespiratory tract
    - A source of genetic material
    - A reflection of oral AND systemic health

# Saliva to Screen for Hyperglycemia

- Saliva is a transudate of serum
  - As such saliva is a poor source of free hemoglobin, or other serum proteins
- Because of this measuring these analytes in saliva have a low sensitivity and hence a poor predictive value
- Future tests, however, will leverage the analysis of saliva specific proteins
  - Stay tuned for tests such as glycosylated lysozyme!

# Organization of the Clinical Laboratory

- The clinical lab has 2 areas of specialization:
  - Anatomic Pathology
  - Clinical Pathology
- Anatomic pathology deals with cells and tissue.
  - Biopsies and diagnoses made with a microscope
- Clinical pathology tests for all things from body fluids
  - Chemistry, microbiology, hematology
  - Molecular or genetic testing fits under this category



# OralDNA Labs: Mission

- Providing healthcare professionals with tests to prevent, diagnose and prognose oral and systemic disease
- Oral DNA tests are:
  - Objective
  - Reliable
  - Clinically useful and practical
- The remainder of the lecture will details the portfolio of salivary diagnostic tests available today

# Laboratory Testing for Periodontitis

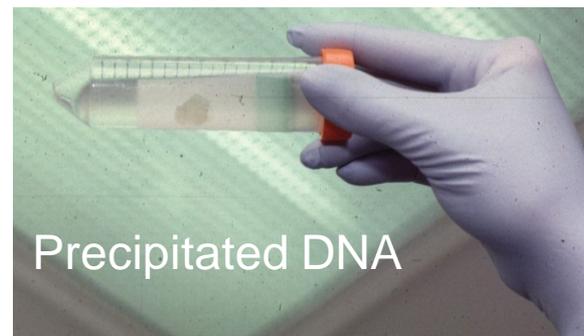
- The etiology of chronic periodontitis (CP) is multifactorial, including
  - the effect of pathogenic bacteria causing infection
  - the host's genetic disposition
  - the effect of coincident medical, environmental, and behavioral factors
- The advent of clinical laboratory services for the dental profession provides objective and actionable information to:
  - prevent
  - diagnose
  - prognose and management of CP

# Laboratory Tools to Assess Periodontitis

- Conventional approaches to assess chronic periodontitis include:
  - Microbial culture
  - Chemical analysis of GCF and Saliva
- Microbial culture has the advantage to capture the full spectrum of bacteria resident in the mouth
  - The problem is, there are so many bacteria
  - Challenges to support methods to isolate anaerobes and facultative anaerobes
  - Microbial culture not very specific
- Molecular genetic methods are both highly sensitivity and specific
  - Molecular tests can also be quantitative



**Versus**



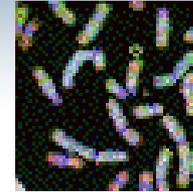
# The Human Genome: New Vocabulary

## The Human Genome Project

- A \$12 billion commitment to sequence  $3 \times 10^9$  bases
- Cloned cDNA derived from expression library of several species
- Leveraged acceleration of population genetics and linkage maps- tied strongly to industry champions
- New gene discovered answer questions about clinically overt disease. Education platform for the public makes genetics a household term

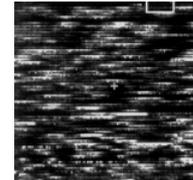
### Genomics

- Sequencing the human genome
- New gene discovery



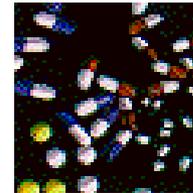
### Gene Expression

- Sequencing the human genome
- New gene discovery



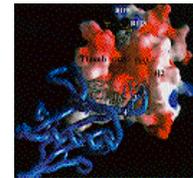
### Pharmacogenomics

- Sequencing the human genome
- New drug discovery
- Applied to specific people is pharmacogenetics



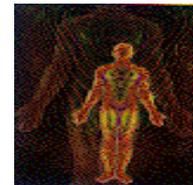
### Structural Genomics

- Derived structure of proteins form knowledge of the sequence of expressed genes



### Diagnostics

- New disease genes characterize
- New technology for routine clinical use



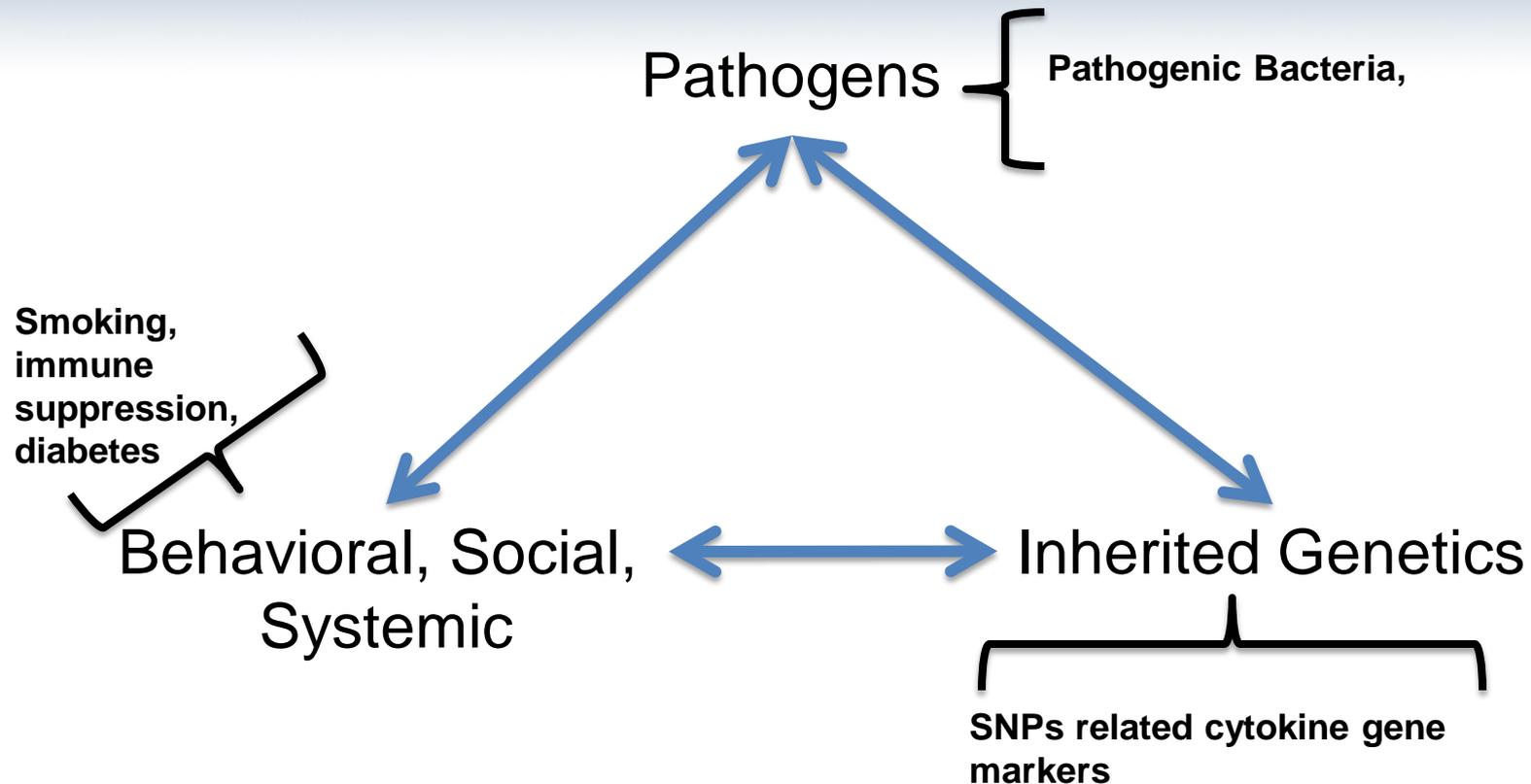
### Functional Genomics

- Derived knowledge of protein structure
- Deducd knowledge of protein and subcellular system function

# Molecular Diagnostics in the Management of Periodontal Disease

- Molecular diagnostics uses DNA and RNA to diagnose and characterize disease
- The types of tests performed in molecular diagnostics include:
  - Infectious disease
  - Inherited disease
  - Acquired disease such as cancer
  - ✓ Genetic susceptibility
- Molecular tests are available today to aid in the management of periodontitis

# Modeling the Causes of Periodontitis



The current model employs the clinical lab to test for oral pathogens and human genomic DNA to test for inherited markers linked to disease risk, while the clinician provides the input of the patient demographics

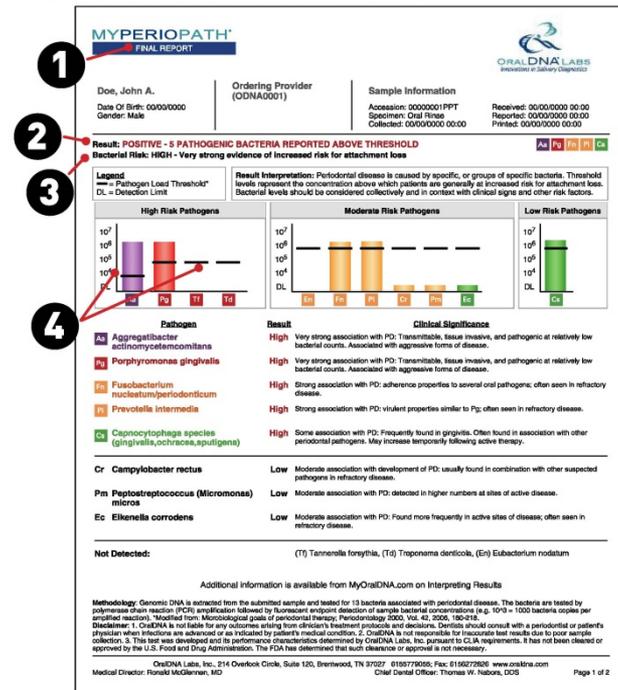
# Molecular Detection and Quantification of Microbial Pathogens

- Assaying for the pathogenic bacteria helps to support the clinical diagnosis of periodontitis
  - From the collected sample, bacterial and human genomic DNA is extracted
  - PCR is employed to amplify, specifically the consort of microbes
- With positive, negative and quantitation controls the result of each test will:
  - Measure the type and amounts of the pathogens
  - Be used to assess the effect before and after therapy
  - Guide in the selection of the most effective therapies



# How to Read and Understand the MyPerioPath® Report

- 1 Final report is ready to present to the patient
- 2 Positive or Negative refers to whether there are any bacterial measured over the therapeutic threshold
- 3 Risk assessment refers to what category of bacteria are detected above threshold
- 4 Graphical display show which bacteria are detected and their amount relative to the therapeutic threshold



- 1 Page 1 emphasizes the bacterial profile
- 2 A "Positive" result indicates bacterial pathogens detected above threshold
- 3 "Bacterial Risk" Risk of disease progression based on specific bacterial pathogens.
- 4 "Pathogen Load Threshold" The concentration above which patients are generally at increased risk of attachment loss/disease progression (represented by the black lines)

# How to Read and Understand the MyPerioPath® Report

- 5 Second page contains information on clinical interpretation
- 6 Listing of “treatment considerations”
- 7 Emphasis on the indications and timeframe for following testing upon completion of therapy
- 8 Links to more information



**MYPERIOPATH®** CLINICAL CONSIDERATIONS

Do, John A.  
Date Of Birth: 00/00/0000  
Gender: Male

Sample Information  
Accession: 00000011PPT  
Specimen: Oral Flares  
Collected: 00/00/0000 09:00

**ORALDNA LABS**  
Innovations in Salivary Diagnostics

**5** **Result: POSITIVE - 5 PATHOGENIC BACTERIA REPORTED ABOVE THRESHOLD**  
Bacterial Risk: HIGH - Very strong evidence of increased risk for attachment loss

**6** **Treatment Considerations**

- Office Periodontal Therapy:** Protocols to disrupt biofilm and reduce pathogens.
- Systemic Antibiotic Option to Augment Therapy at Clinician's Discretion:**  
Clinician to determine if local antimicrobials (e.g. Chlorhexidine) and/or local antibiotics (e.g. Arestin) are sufficient to resolve infection. Published guidelines suggest (subject to allergy, drug interaction, and other medical considerations) the following as a possible adjunct to treatment based on patient's bacterial profile: Amoxicillin 500 mg tid 8 days and Metronidazole 500 mg bid 8 days.  
Note: Doctor is responsible for patient therapy. Complete dental and medical history (e.g. pregnancy, diabetes, immuno-suppression, other patient medications) should be considered when prescribing. Antibiotics may impact other medications (e.g. birth control pills) and may have adverse side effects.
- Home Care:** Office recommended procedures to daily disrupt biofilm and reduce pathogens.
- Reassessment:** Compare clinical signs and bacterial levels pre- and post-treatment.  
- A 2nd sample should be collected six to eight weeks post-therapy.

**7** **Additional Risk Factors**

Clinical		Diagnostic		Medical	
BOP	<input type="checkbox"/>	Localized	<input type="checkbox"/>	Type V Refractory Periodontitis, ADA Code 4900	<input type="checkbox"/>
Inflammation/Swelling	<input checked="" type="checkbox"/>	Generalized	<input checked="" type="checkbox"/>	Type IV (3-5mm): Advanced Periodontitis, ADA Code 4900	Family History of PD
Bone Loss	<input type="checkbox"/>		Type III (4-5mm): Moderate Periodontitis, ADA Code 4910	Immunosuppressed	
Recession/Deceleration	<input type="checkbox"/>		Type II (2-4mm): Mild Periodontitis, ADA Code 4800	Diabetes	
Halitus/Abscisor	<input type="checkbox"/>		Type I (1-2mm): Gingivitis, ADA Code 4500	Cardiovascular Disease	
			Good Periodontal Health	Current Smoker	

Antibiotic Allergies: None Reported

Additional Clinical Information: This patient has a test sample note and test note attached.

**8** Additional information is available from MyOralDNA.com or:

Interpreting Results	Office Periodontal Protocols	Patient Home Care Steps
Patient Reassessment	Using OralDNA	The Oral-Systemic Connection

Disclaimer: 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Clinicians should consult with a periodontist or patient's physician when procedures are advanced or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. This test was developed and its performance characteristics determined by OralDNA Labs, Inc. pursuant to CLIA requirements. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

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Medical Director: Ronald McGlennen, MD Chief Dental Officer: Thomas W. Nabors, DDS Page 2 of 2

- 5** Page 2 emphasizes clinical considerations **6** Options to reduce bacterial risk **7** MyPerioPath® can be used to assess response to therapy **8** Links to additional information at MyOralDNA.com

# Value in Taking A Thorough History

Collected demographic information on more than 50,000 submitted samples

Authors	Subjects, N	Time period	Prognostic factors	Outcome variable for disease progression
Barr et al. (1992)	114 men 86 HIV+; 28 HIV -	20 months	Immunosuppression	Attachment loss
Yeung et al. (1993)	30 HIV+; 10 HIV -	18 months	HIV	Attachment loss
Kaldahl et al. (1996)	74	72 months	Smoking	Attachment loss
McGuire & Nunn (1996)	100	≥ 60 months	Smoking	Tooth loss
Krall et al. (1997)	1225	6 years	Smoking	Tooth loss
Machtei et al. (1997)	79	12 months	Smoking, <i>T.f.</i> , <i>P.i.</i> , <i>P.g.</i> , mean baseline AL	Bone loss
Boström et al. (1998)	57	60 months	Smoking	Bone loss
Taylor et al. (1998)	362	2 years	Diabetes	Bone loss
McGuire & Nunn (1999)	42	≥ 60 months	Smoking, IL-1 positive	Tooth loss
Norderyd et al. (1999)	361	10 years	Smoking	Bone loss
Payne et al. (1999)	38 (non-smokers)	2 years	Osteoporosis	Bone loss
Bergström et al. (2000)	101	10 years	Smoking	Bone loss
De Sanctis & Zuchelli (2000)	40 (32 non-smokers)	48 months	IL-1 positive	Attachment loss
Timmerman et al. (2000)	167 untreated	7 years	<i>A.a</i>	Attachment loss
Tran et al. (2001)	205	2 years	<i>T.f</i>	Attachment loss
Chen et al. (2001)	177 males	10 years	Smoking	Attachment loss/tooth loss
Nieri et al. (2002)	60 (non-smokers)	10 years	(IL-1 genotype × initial mean bone level)	Bone loss
Jansson et al. (2002)	507	20 years	Smoking	Bone loss
Ogawa et al. (2002)	394 (≥ 70 years old)	24 months	Smoking, baseline AL ≥ 6 mm	Attachment loss
Kamma & Baehni (2003)	25 (AP)	60 months	Smoking, stress, <i>P.g.</i> , <i>T.d.</i> , <i>N</i> of teeth lost	Attachment loss
Fardal et al. (2004)	100	9–11 years	Smoking	Tooth loss
Paulander et al. (2004)	259 (50 years)	10 years	Smoking, % approximal sites with PD ≥ 4 mm <i>N</i> of teeth, systemic disease (diabetes, hormonal or cardiovascular disease)	Bone loss
Yoshihara et al. (2004)	179 (non-smokers) ≥ 70 years	3 years	Osteopenia	Attachment loss

AP, aggressive periodontitis; AL, attachment level; *T.f.*, *Tanerella forsythensis*; *P.i.*, *Prevotella intermedia*; *P.g.*, *Porphyromonas gingivalis*; *T.d.*, *Treponema denticola*; IL, interleukin.

Smoking	- Bone Loss	+ Bone Loss
No	43.5%	56.52%
Yes	18.7%	81.3%

Smoking	-inflam.	+ Inflamm.
No	40.9%	59.1%
Yes	27.9%	72.1%

*Finding- a history of smoking is highly predictive of bone and attachment loss*

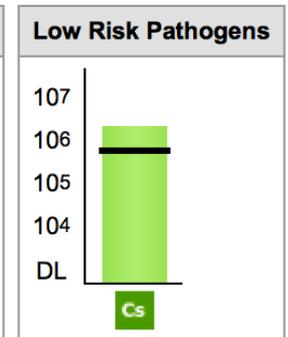
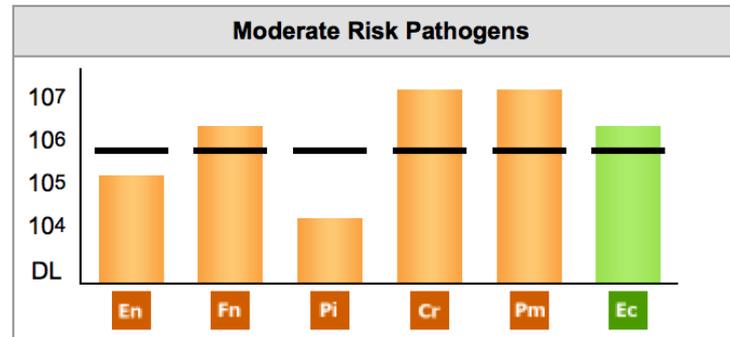
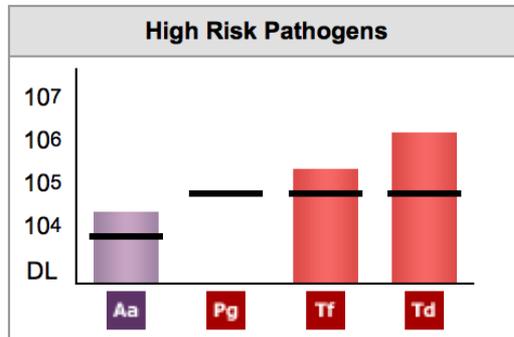
# Periodontal Pathogen Testing Makes the Assignment of Disease Status Objective

Clinical		Diagnostic		Medical			
BOP	<input checked="" type="checkbox"/>	Localized	<input type="checkbox"/>	Type V Refractory Periodontitis; ADA Code 4900	<input type="checkbox"/>	Family History of PD	<input type="checkbox"/>
Inflammation/Swelling	<input checked="" type="checkbox"/>	Generalized	<input checked="" type="checkbox"/>	Type IV (>6mm); Advanced Periodontitis; ADA Code 4800	<input checked="" type="checkbox"/>	Pregnant/Nursing	<input type="checkbox"/>
Bone Loss	<input checked="" type="checkbox"/>			Type III (4-6mm); Moderate Periodontitis; ADA Code 4700	<input type="checkbox"/>	Immunosuppressed	<input type="checkbox"/>
Redness/Discoloration	<input checked="" type="checkbox"/>			Type II (3-4mm); Mild Periodontitis; ADA Code 4600	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>
Halitosis/Malodor	<input type="checkbox"/>			Type I (1-3mm); Gingivitis; ADA Code 4500	<input type="checkbox"/>	Cardiovascular Disease	<input type="checkbox"/>
				Good Periodontal Health	<input type="checkbox"/>	Current Smoker	<input type="checkbox"/>

“Observed findings” provided by clinician

Antibiotic Allergies: None Reported

Tooth Numbers	2	3	5	10	14	15
Pocket Depths	6mm	8mm	9mm	5mm	7mm	7mm



Laboratory test results are objective quantifiable and reproducible

# Bill

Birth Date: 12/4/1952

Medical History Date: 12/5/2011

Although dental personnel primarily treat the area in and around your mouth, your mouth is a part of your entire body. Health problems that you may have, or medication that you may be taking, could have an important interrelationship with the dentistry you will receive. Thank you for answering the following questions.

Are you under a physician's care now?  Yes  No If yes, please explain: \_\_\_\_\_

Have you ever been hospitalized or had a major operation?  Yes  No If yes, please explain: \_\_\_\_\_

Have you ever had a serious head or neck injury?  Yes  No If yes, please explain: \_\_\_\_\_

Are you taking any medications, pills, or drugs?  Yes  No 1 baby aspirin/ daily \_\_\_\_\_

Do you take, or have you taken, Phen-Fen or Redux?  Yes  No

Are you on a special diet?  Yes  No

Do you use tobacco?  Yes  No

Do you use controlled substances?  Yes  No

Women: Are you  Pregnant/Trying to get pregnant?  Nursing?  
 Taking oral contraceptives?

Are you allergic to any of the following?

- Aspirin  Penicillin  Codeine  Local Anesthetics  Acrylic  Metal  Latex  
 Other If other, please explain: \_\_\_\_\_

Do you have, or have you had, any of the following?

- |                           |  |                           |  |                       |  |                            |  |
|---------------------------|--|---------------------------|--|-----------------------|--|----------------------------|--|
| AIDS/HIV Positive         | <input type="radio"/> Yes <input type="radio"/> No | Cortisone Medicine        | <input type="radio"/> Yes <input type="radio"/> No | Hemophilia            | <input type="radio"/> Yes <input type="radio"/> No | Renal Dialysis             | <input type="radio"/> Yes <input type="radio"/> No |
| Alzheimer's Disease       | <input type="radio"/> Yes <input type="radio"/> No | Diabetes                  | <input type="radio"/> Yes <input type="radio"/> No | Hepatitis A           | <input type="radio"/> Yes <input type="radio"/> No | Rheumatic Fever            | <input type="radio"/> Yes <input type="radio"/> No |
| Anaphylaxis               | <input type="radio"/> Yes <input type="radio"/> No | Drug Addiction            | <input type="radio"/> Yes <input type="radio"/> No | Hepatitis B or C      | <input type="radio"/> Yes <input type="radio"/> No | Rheumatism                 | <input type="radio"/> Yes <input type="radio"/> No |
| Anemia                    | <input type="radio"/> Yes <input type="radio"/> No | Easily Winded             | <input type="radio"/> Yes <input type="radio"/> No | Herpes                | <input type="radio"/> Yes <input type="radio"/> No | Scarlet Fever              | <input type="radio"/> Yes <input type="radio"/> No |
| Angina                    | <input type="radio"/> Yes <input type="radio"/> No | Emphysema                 | <input type="radio"/> Yes <input type="radio"/> No | High Blood Pressure   | <input type="radio"/> Yes <input type="radio"/> No | Shingles                   | <input type="radio"/> Yes <input type="radio"/> No |
| Arthritis/Gout            | <input type="radio"/> Yes <input type="radio"/> No | Epilepsy or Seizures      | <input type="radio"/> Yes <input type="radio"/> No | Hives or Rash         | <input type="radio"/> Yes <input type="radio"/> No | Sickle Cell Disease        | <input type="radio"/> Yes <input type="radio"/> No |
| Artificial Heart Valve    | <input type="radio"/> Yes <input type="radio"/> No | Excessive Bleeding        | <input type="radio"/> Yes <input type="radio"/> No | Hypoglycemia          | <input type="radio"/> Yes <input type="radio"/> No | Sinus Trouble              | <input type="radio"/> Yes <input type="radio"/> No |
| Artificial Joint          | <input type="radio"/> Yes <input type="radio"/> No | Excessive Thirst          | <input type="radio"/> Yes <input type="radio"/> No | Irregular Heartbeat   | <input type="radio"/> Yes <input type="radio"/> No | Spina Bifida               | <input type="radio"/> Yes <input type="radio"/> No |
| Asthma                    | <input type="radio"/> Yes <input type="radio"/> No | Fainting Spells/Dizziness | <input type="radio"/> Yes <input type="radio"/> No | Kidney Problems       | <input type="radio"/> Yes <input type="radio"/> No | Stomach/Intestinal Disease | <input type="radio"/> Yes <input type="radio"/> No |
| Blood Disease             | <input type="radio"/> Yes <input type="radio"/> No | Frequent Cough            | <input type="radio"/> Yes <input type="radio"/> No | Leukemia              | <input type="radio"/> Yes <input type="radio"/> No | Stroke                     | <input type="radio"/> Yes <input type="radio"/> No |
| Blood Transfusion         | <input type="radio"/> Yes <input type="radio"/> No | Frequent Diarrhea         | <input type="radio"/> Yes <input type="radio"/> No | Liver Disease         | <input type="radio"/> Yes <input type="radio"/> No | Swelling of Limbs          | <input type="radio"/> Yes <input type="radio"/> No |
| Breathing Problem         | <input type="radio"/> Yes <input type="radio"/> No | Frequent Headaches        | <input type="radio"/> Yes <input type="radio"/> No | Low Blood Pressure    | <input type="radio"/> Yes <input type="radio"/> No | Thyroid Disease            | <input type="radio"/> Yes <input type="radio"/> No |
| Bruise Easily             | <input type="radio"/> Yes <input type="radio"/> No | Genital Herpes            | <input type="radio"/> Yes <input type="radio"/> No | Lung Disease          | <input type="radio"/> Yes <input type="radio"/> No | Tonsillitis                | <input type="radio"/> Yes <input type="radio"/> No |
| Cancer                    | <input type="radio"/> Yes <input type="radio"/> No | Glaucoma                  | <input type="radio"/> Yes <input type="radio"/> No | Mitral Valve Prolapse | <input type="radio"/> Yes <input type="radio"/> No | Tuberculosis               | <input type="radio"/> Yes <input type="radio"/> No |
| Chemotherapy              | <input type="radio"/> Yes <input type="radio"/> No | Hay Fever                 | <input type="radio"/> Yes <input type="radio"/> No | Pain in Jaw Joints    | <input type="radio"/> Yes <input type="radio"/> No | Tumors or Growths          | <input type="radio"/> Yes <input type="radio"/> No |
| Chest Pains               | <input type="radio"/> Yes <input type="radio"/> No | Heart Attack/Failure      | <input type="radio"/> Yes <input type="radio"/> No | Parathyroid Disease   | <input type="radio"/> Yes <input type="radio"/> No | Ulcers                     | <input type="radio"/> Yes <input type="radio"/> No |
| Cold Sores/Fever Blisters | <input type="radio"/> Yes <input type="radio"/> No | Heart Murmur              | <input type="radio"/> Yes <input type="radio"/> No | Psychiatric Care      | <input type="radio"/> Yes <input type="radio"/> No | Venereal Disease           | <input type="radio"/> Yes <input type="radio"/> No |
| Congenital Heart Disorder | <input type="radio"/> Yes <input type="radio"/> No | Heart Pace Maker          | <input type="radio"/> Yes <input type="radio"/> No | Radiation Treatments  | <input type="radio"/> Yes <input type="radio"/> No | Yellow Jaundice            | <input type="radio"/> Yes <input type="radio"/> No |
| Convulsions               | <input type="radio"/> Yes <input type="radio"/> No | Heart Trouble/Disease     | <input type="radio"/> Yes <input type="radio"/> No | Recent Weight Loss    | <input type="radio"/> Yes <input type="radio"/> No |                            |  |

Have you ever had any serious illness not listed above?  Yes  No If yes, please explain: \_\_\_\_\_

Only thing reported was laser treatment for Rosacea  
Smoking one pack per day

# Active Disease

Exam Date: 11/22/2011

MOB																
PD	4	2	4	4	2	3	2	4	4	3	3	3	2	3	2	2
GM	2	2	2	2	3	1	0					2	1	2	2	2
CAL	4	4	4	4	4	3	3	4	4	4	6	3	3	3	2	2
MGJ																
Bcl	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
FG	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Ling	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
PD	4	3	5	6	2	4	4	3	5	4	3	4	2	2	2	2
GM	2	2	2	1												1
CAL	4	5	5	6	4	4	4	4	5	4	3	4	4	2	2	2
MGJ																
Tooth	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

MOB																
PD	4	4	4	4	4	4	2	4	3	2	3	3	2	3	3	2
GM	2	2	2	2	1	1	2					2	2	1	2	2
CAL	4	6	4	4	6	4	4	2	4	3	3	3	3	4	3	4
MGJ																
Ling	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
FG	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Bcl	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
PD	4	3	4	4	3	3	3	2	3	3	2	4	4	2	3	2
GM	2	3	2	2	1							1		2		
CAL	4	5	4	4	6	3	3	4	3	3	3	2	4	4	2	4
MGJ																
Tooth	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17

Summary Information

Date	Bleeding		Suppuration		Furcation		Mobility	PD > Alert	CAL < 0	CAL 1-3		CAL 4-5		CAL 6+			
	Teeth	Sites	Teeth	Sites	Teeth	Sites	Teeth	Teeth	Teeth	Sites	Teeth	Sites	Teeth	Sites	Teeth	Sites	
11/22/2011	19	32	0	0	4	4	0	3	3	0	0	24	83	24	73	5	6

Ordering Provider (2008002)  
Douglas Thompson  
3684 West Maple Rd  
Bloomfield Hills, MI  
48301 248-642-1000

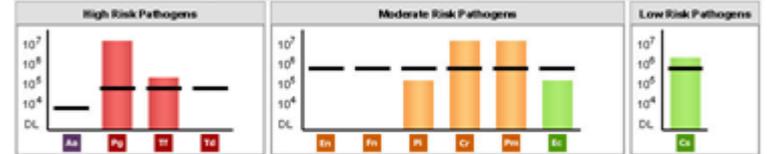
Sample Information  
Accession: 10511209  
Specimen: Oral Rinse  
Collected: 11/21/2011

Received: 11/23/2011 09:36  
Reported: 11/29/2011 07:58  
Printed: 11/29/2011 07:58

Result: **POSITIVE - 5 PATHOGENIC BACTERIA REPORTED ABOVE THRESHOLD**  
Bacterial Risk: **HIGH** - Very strong evidence of increased risk for attachment loss

Legend  
— = Pathogen Load Threshold\*  
DL = Detection Limit

Result Interpretation: Periodontal disease is caused by specific, or groups of specific, bacteria. Threshold levels represent the concentration above which patients are generally at increased risk for attachment loss. Bacterial levels should be considered collectively and in context with clinical signs and other risk factors.



- | Pathogen   | Result      | Clinical Significance   |
|--|-------------|---|
| <b>Pg</b> <i>Porphyromonas gingivalis</i>                                | <b>High</b> | Very strong association with PD; Transmittable, tissue invasive, and pathogenic at relatively low bacterial counts. Associated with aggressive forms of disease.          |
| <b>Tf</b> <i>Tannerella forsythia</i>                                    | <b>High</b> | Very strong association with PD; common pathogen associated with refractory periodontitis. Strongly related to increasing pocket depth.                                   |
| <b>Cr</b> <i>Campylobacter rectus</i>                                    | <b>High</b> | Moderate association with development of PD; usually found in combination with other suspected pathogens in refractory disease.   |
| <b>Pm</b> <i>Porphyromonas micros</i>                                    | <b>High</b> | Moderate association with PD; detected in higher numbers at sites of active disease.  |
| <b>Cs</b> <i>Capnocytophaga species (gingivalis, ochracea, putigena)</i> | <b>High</b> | Some association with PD; Frequently found in gingivitis. Often found in association with other periodontal pathogens. May increase temporarily following active therapy. |
| <b>Pi</b> <i>Prevotella intermedia</i>                                   | <b>Low</b>  | Strong association with PD; virulent properties similar to Pg; often seen in refractory disease.  |
| <b>Ec</b> <i>Eikenella corrodens</i>                                     | <b>Low</b>  | Moderate association with PD; Found more frequently in active sites of disease; often seen in refractory disease.   |
- Not Detected: (Aa) Aggregatibacter actinomycetemcomitans, (Tt) Treponema denticola, (En) Eubacterium nodatum, (Ft) Fusobacterium nucleatum periodonticum

Additional information is available from [MyOralDNA.com](http://MyOralDNA.com) on [Interpreting Results](#)

Methodology: Genomic DNA is extracted from the submitted sample and tested for 13 bacteria associated with periodontal disease. The bacteria are tested by polymerase chain reaction (PCR) amplification followed by fluorescent endpoint detection of single bacterial concentrations (e.g. 10<sup>3</sup> = 1000 bacteria copies per amplified reaction). \*Modified from: Microbiological guide of periodontal therapy: Periodontology 2005, Vol. 42, 2005, 160-216. Disclaimer: OralDNA is a virtual lab for your convenience and does not have a physical location. The lab results are generated with a polymerase chain reaction (PCR) assay performed by OralDNA Labs, a separate CLIA registered lab. All test results are approved by the U.S. Food and Drug Administration. The FDA has determined that risk reduction claims are not substantiated by scientific data. OralDNA Labs, a separate CLIA registered lab, will not be held responsible for the results of this test. The FDA has determined that risk reduction claims are not substantiated by scientific data. OralDNA Labs, a separate CLIA registered lab, will not be held responsible for the results of this test.

OralDNA Labs, Inc., 214 Oneok Circle, Suite 120, Brentwood, TN 37027 © 15-077-0005; Fax: 615-627-2626 [www.oraldna.com](http://www.oraldna.com)  
Medical Director: Ronald McInerney, MD Chief Dental Officer: Thomas W. Nabors, DDS Page 1 of 2

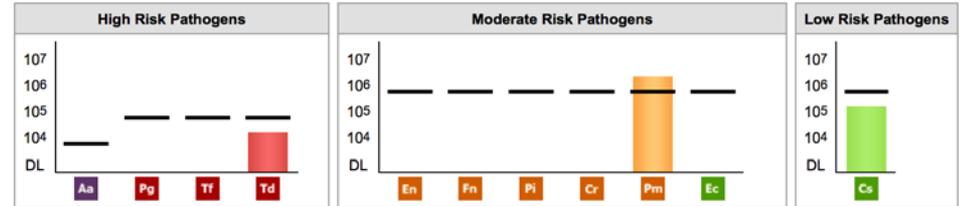
# What Does the MyPerioPath® Test Teach Us?

- The collected clinical information is highly valuable in aggregate
- The bacterial “signature” is patient specific and lends to the decision of what therapy to apply
- Before and after results lend insight into the effectiveness of therapy

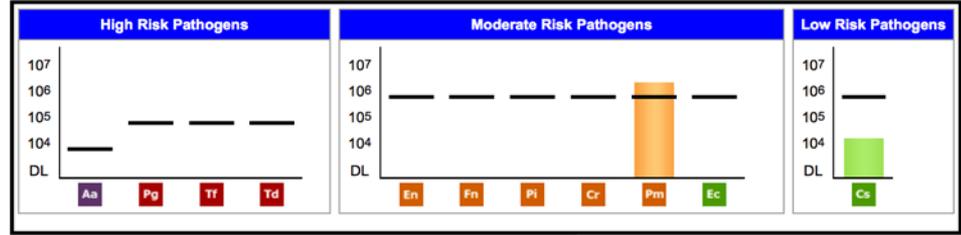
# The Bacterial Pathogen Profile is a “Signature” of Your Patient’s Oral Health

- 37 yr. old female with signs of moderate inflammation
- Prescribed a 8 day course of antibiotics
- Follow-up test suggests:
  - Pm and Cs refractory to treatment

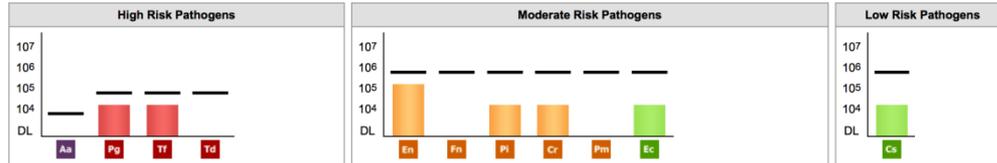
Previous Test:



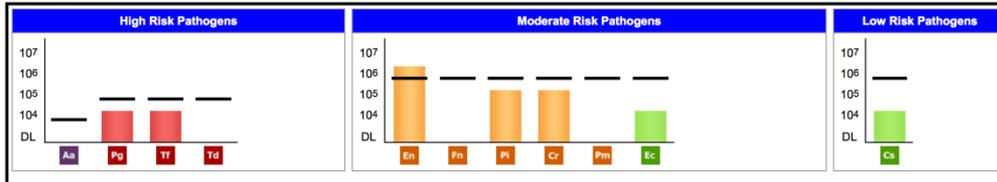
Current Test:



Previous Test:



Current Test:



- 42 yr. old male seen twice, separated by 6 months
- Encouraged to perform home care
- No other professional therapy between visits



# Case Study

David is a 66 year old male

# Medical History

- History of quadruple coronary artery bypass-2008
- History of double knee replacement-2007
- Medical conditions:
  - Hypercholesterolemia
  - Osteoarthritis
- Current Medications:
  - Toprol and Alstace
  - Side effect of xerostomia

Medical History Date: 11/10/2009

Although dental personnel primarily treat the area in and around your mouth, your mouth is a part of your entire body. Health problems that you may have, or medication that you may be taking, could have an important interrelationship with the dentistry you will receive. Thank you for answering the following questions.

Are you under a physician's care now?  Yes  No If yes, please explain: \_\_\_\_\_

Have you ever been hospitalized or had a major operation?  Yes  No gall bladder removed, quadupgle bypass, double knee replacement

Have you ever had a serious head or neck injury?  Yes  No

Are you taking any medications, pills, or drugs?  Yes  No toprol, zocor, zetia, altace, aspirin,

Do you take, or have you taken, Phen-Fen or Redux?  Yes  No

Are you on a special diet?  Yes  No

Do you use tobacco?  Yes  No

Do you use controlled substances?  Yes  No

Women: Are you  Pregnant/Trying to get pregnant?  Nursing?  
 Taking oral contraceptives?

Are you allergic to any of the following?  
 Aspirin  Penicillin  Codeine  Local Anesthetics  Acrylic  Metal  Latex  
 Other

Do you have, or have you had, any of the following?

AIDS/HIV Positive <input type="radio"/> Yes <input checked="" type="radio"/> No	Cortisone Medicine <input type="radio"/> Yes <input checked="" type="radio"/> No	Hemophilia <input type="radio"/> Yes <input checked="" type="radio"/> No	Renal Dialysis <input type="radio"/> Yes <input checked="" type="radio"/> No
Alzheimer's Disease <input type="radio"/> Yes <input checked="" type="radio"/> No	Diabetes <input type="radio"/> Yes <input checked="" type="radio"/> No	Hepatitis A <input type="radio"/> Yes <input checked="" type="radio"/> No	Rheumatic Fever <input type="radio"/> Yes <input checked="" type="radio"/> No
Anaphylaxis <input type="radio"/> Yes <input checked="" type="radio"/> No	Drug Addiction <input type="radio"/> Yes <input checked="" type="radio"/> No	Hepatitis B or C <input type="radio"/> Yes <input checked="" type="radio"/> No	Rheumatism <input type="radio"/> Yes <input checked="" type="radio"/> No
Anemia <input type="radio"/> Yes <input checked="" type="radio"/> No	Easily Winded <input type="radio"/> Yes <input checked="" type="radio"/> No	Herpes <input type="radio"/> Yes <input checked="" type="radio"/> No	Scarlet Fever <input type="radio"/> Yes <input checked="" type="radio"/> No
Angina <input type="radio"/> Yes <input checked="" type="radio"/> No	Emphysema <input type="radio"/> Yes <input checked="" type="radio"/> No	High Blood Pressure <input type="radio"/> Yes <input checked="" type="radio"/> No	Shingles <input type="radio"/> Yes <input checked="" type="radio"/> No
Arthritis/Gout <input checked="" type="radio"/> Yes <input type="radio"/> No	Epilepsy or Seizures <input type="radio"/> Yes <input checked="" type="radio"/> No	Hives or Rash <input type="radio"/> Yes <input checked="" type="radio"/> No	Sickle Cell Disease <input type="radio"/> Yes <input checked="" type="radio"/> No
Artificial Heart Valve <input type="radio"/> Yes <input checked="" type="radio"/> No	Excessive Bleeding <input type="radio"/> Yes <input checked="" type="radio"/> No	Hypoglycemia <input type="radio"/> Yes <input checked="" type="radio"/> No	Sinus Trouble <input type="radio"/> Yes <input checked="" type="radio"/> No
Artificial Joint <input type="radio"/> Yes <input checked="" type="radio"/> No	Excessive Thirst <input type="radio"/> Yes <input checked="" type="radio"/> No	Irregular Heartbeat <input type="radio"/> Yes <input checked="" type="radio"/> No	Spina Bifida <input type="radio"/> Yes <input checked="" type="radio"/> No
Asthma <input type="radio"/> Yes <input checked="" type="radio"/> No	Fainting Spells/Dizziness <input type="radio"/> Yes <input checked="" type="radio"/> No	Kidney Problems <input type="radio"/> Yes <input checked="" type="radio"/> No	Stomach/Intestinal Disease <input type="radio"/> Yes <input checked="" type="radio"/> No
Blood Disease <input type="radio"/> Yes <input checked="" type="radio"/> No	Frequent Cough <input type="radio"/> Yes <input checked="" type="radio"/> No	Leukemia <input type="radio"/> Yes <input checked="" type="radio"/> No	Stroke <input type="radio"/> Yes <input checked="" type="radio"/> No
Blood Transfusion <input type="radio"/> Yes <input checked="" type="radio"/> No	Frequent Diarrhea <input type="radio"/> Yes <input checked="" type="radio"/> No	Liver Disease <input type="radio"/> Yes <input checked="" type="radio"/> No	Swelling of Limbs <input type="radio"/> Yes <input checked="" type="radio"/> No
Breathing Problem <input type="radio"/> Yes <input checked="" type="radio"/> No	Frequent Headaches <input type="radio"/> Yes <input checked="" type="radio"/> No	Low Blood Pressure <input type="radio"/> Yes <input checked="" type="radio"/> No	Thyroid Disease <input type="radio"/> Yes <input checked="" type="radio"/> No
Bruise Easily <input type="radio"/> Yes <input checked="" type="radio"/> No	Genital Herpes <input type="radio"/> Yes <input checked="" type="radio"/> No	Lung Disease <input type="radio"/> Yes <input checked="" type="radio"/> No	Tonsillitis <input type="radio"/> Yes <input checked="" type="radio"/> No
Cancer <input type="radio"/> Yes <input checked="" type="radio"/> No	Glaucoma <input type="radio"/> Yes <input checked="" type="radio"/> No	Mitral Valve Prolapse <input type="radio"/> Yes <input checked="" type="radio"/> No	Tuberculosis <input type="radio"/> Yes <input checked="" type="radio"/> No
Chemotherapy <input type="radio"/> Yes <input checked="" type="radio"/> No	Hay Fever <input type="radio"/> Yes <input checked="" type="radio"/> No	Pain in Jaw Joints <input type="radio"/> Yes <input checked="" type="radio"/> No	Tumors or Growths <input type="radio"/> Yes <input checked="" type="radio"/> No
Chest Pains <input type="radio"/> Yes <input checked="" type="radio"/> No	Heart Attack/Failure <input type="radio"/> Yes <input checked="" type="radio"/> No	Parathyroid Disease <input type="radio"/> Yes <input checked="" type="radio"/> No	Ulcers <input type="radio"/> Yes <input checked="" type="radio"/> No
Cold Sores/Fever Blisters <input type="radio"/> Yes <input checked="" type="radio"/> No	Heart Murmur <input type="radio"/> Yes <input checked="" type="radio"/> No	Psychiatric Care <input type="radio"/> Yes <input checked="" type="radio"/> No	Venereal Disease <input type="radio"/> Yes <input checked="" type="radio"/> No
Congenital Heart Disorder <input type="radio"/> Yes <input checked="" type="radio"/> No	Heart Pace Maker <input type="radio"/> Yes <input checked="" type="radio"/> No	Radiation Treatments <input type="radio"/> Yes <input checked="" type="radio"/> No	Yellow Jaundice <input type="radio"/> Yes <input checked="" type="radio"/> No
Convulsions <input type="radio"/> Yes <input checked="" type="radio"/> No	Heart Trouble/Disease <input checked="" type="radio"/> Yes <input type="radio"/> No	Recent Weight Loss <input type="radio"/> Yes <input checked="" type="radio"/> No	

Have you ever had any serious illness not listed above?  Yes  No High Cholesterol

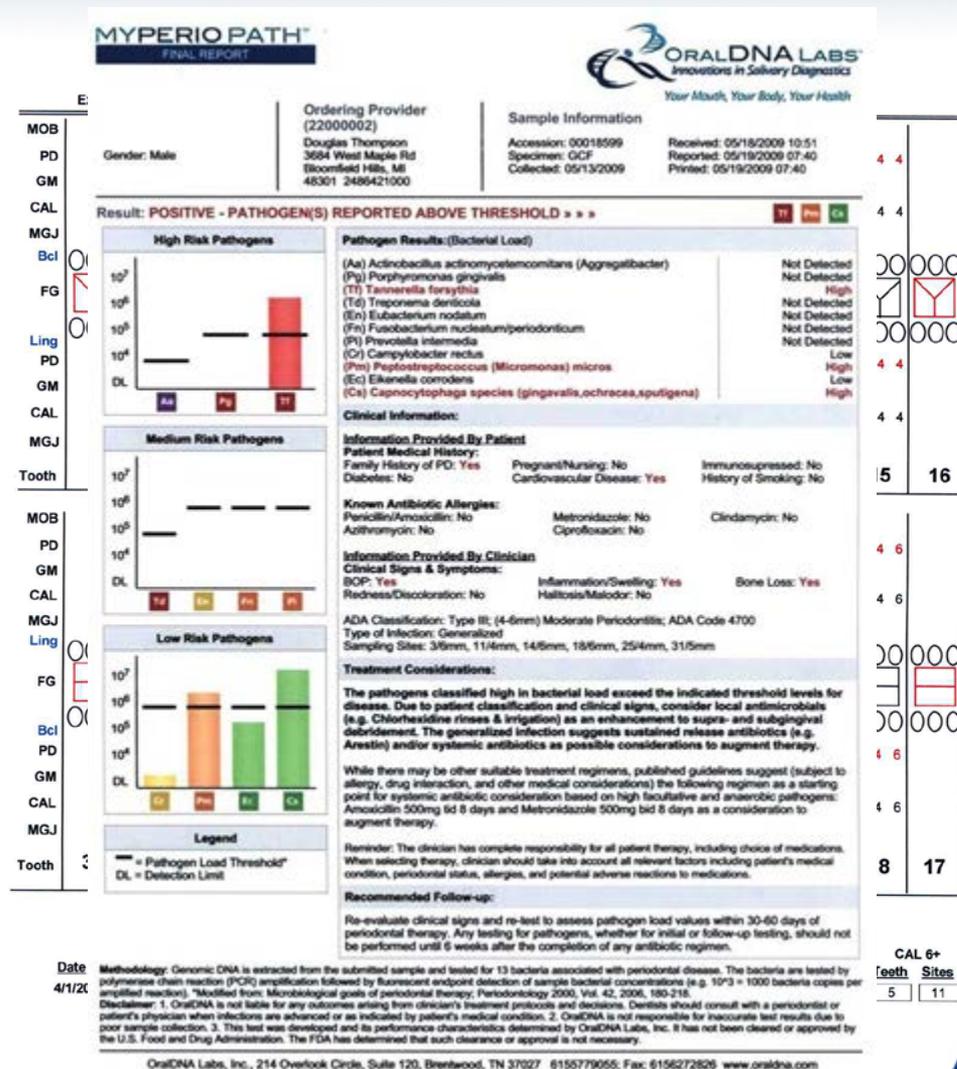
Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my (or patient's) health. It is my responsibility to inform the dental office of any changes in medical status.

\_\_\_\_\_

# Heavy Bleeding Noted

- In April 2009, heavy bleeding noted
- AAP IV- active disease
- Discussion with patient the need for testing to assist with diagnosis
- Consider the risk modifiers and history of prior bone loss

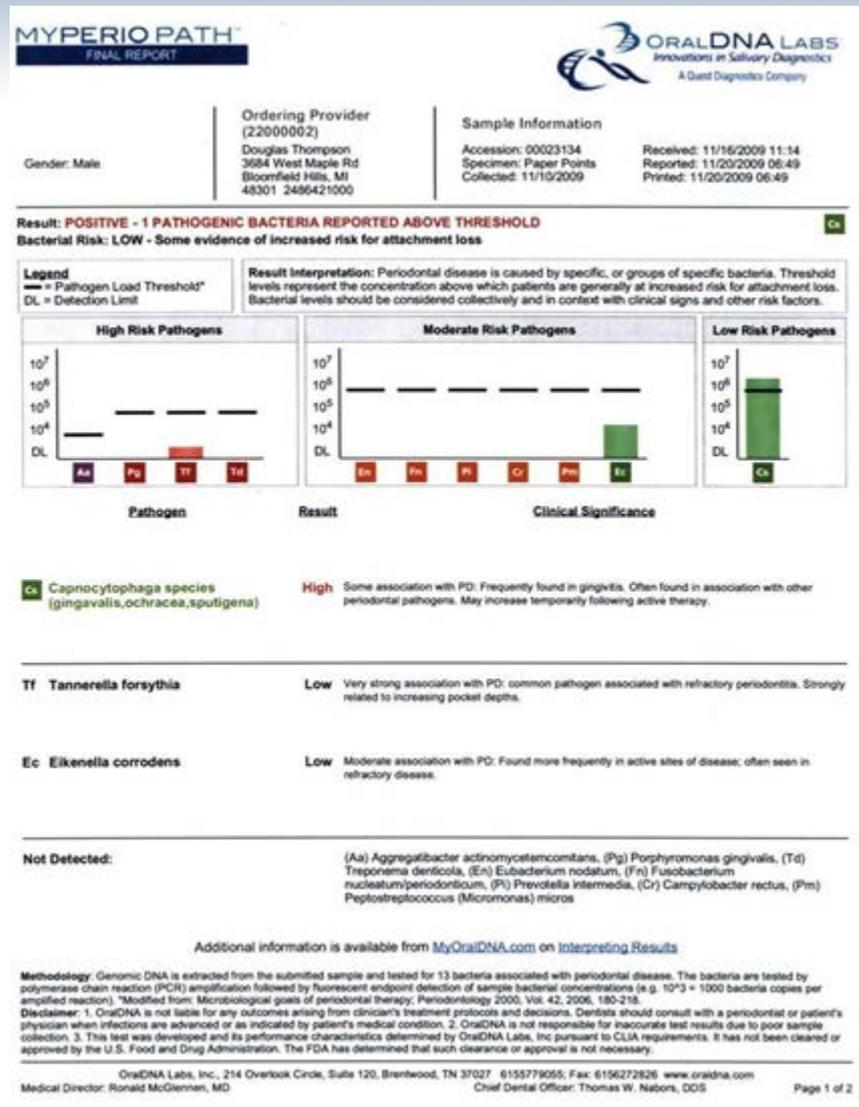


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# Treatment Results

- Risk Modifier Summary
- Radiographic bone loss
- Earlier site specific care
- Family history of gum disease (mom)
- Heart disease
- Borderline diabetic
- Stress (three recent surgeries)
- Double knee replacement



# Summary

Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
<b>B</b> 11/10/2009		3 2 3	3 2 3	3 2 3		2 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3		3 2 3	3 3 5	6 2 3		
4/1/2009		5 4 5	6 3 4	4 3 4		3 3 3	3 2 4	3 3 3	3 3 3	3 2 3	3 2 4		4 3 4	5 3 5	5 4 4		
11/12/2007		2 2 4	6 2 3	3 2 3		3 2 2	2 2 2	2 2 3	3 2 3	3 2 3	3 2 3		3 2 3	3 2 5	4 2 3		
<b>L</b> 11/10/2009		4 3 4	4 3 3	3 2 4		3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3		3 2 3	3 2 4	4 3 4		
4/1/2009		6 4 6	6 4 6	4 3 4		4 2 3	3 2 3	3 3 3	3 2 3	3 2 3	3 2 3		4 4 5	5 4 6	5 4 4		
11/12/2007		5 3 5	5 3 5	4 4 2		4 4 2	3 3 2	3 3 2	3 3 2	3 3 2	3 3 2		3 3 2	4 3 5	4 3 3		
<b>L</b> 11/10/2009		4 3 5	4 3 4	4 2 4		3 2 2	2 2 3	3 2 3	3 2 3	3 2 3	3 2 3		3 2 3	4 3 4	5 4 4		
4/1/2009		4 4 5	5 4 4	4 4 4		3 3 3	3 3 3	3 2 3	3 2 3	3 3 4	4 2 4		4 4 4	5 4 6	6 4 6		
11/12/2007		4 3 5	5 3 5	4 3 3		3 2 3	3 3 3	3 2 3	3 2 3	3 2 3	3 2 3		3 3 3	3 3 4	4 4 3		
<b>B</b> 11/10/2009		3 3 4	4 3 3	3 2 3		3 2 3	3 2 3	3 2 3	3 2 3	3 2 4	4 2 3		4 2 3	4 2 4	4 3 4		
4/1/2009		4 4 5	5 4 4	4 3 4		3 2 3	4 3 3	3 2 4	4 2 3	3 2 4	4 2 4		4 2 4	4 3 6	5 4 6		
11/12/2007		3 3 4	4 3 3	3 2 3		3 2 3	3 2 3	3 2 3	3 3 3	3 3 4	4 3 4		4 3 4	3 2 4	5 2 3		
		<u>32</u>	<u>31</u>	<u>30</u>	<u>29</u>	<u>28</u>	<u>27</u>	<u>26</u>	<u>25</u>	<u>24</u>	<u>23</u>	<u>22</u>	<u>21</u>	<u>20</u>	<u>19</u>	<u>18</u>	<u>17</u>

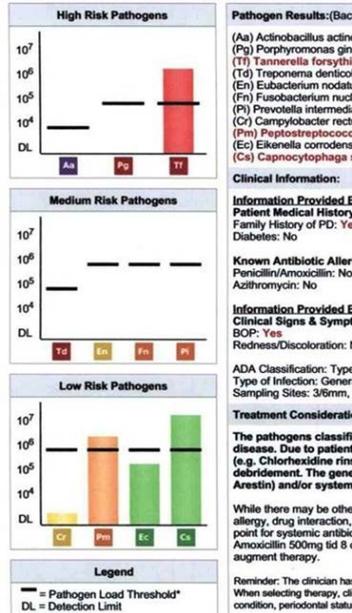
Summary Data Comparison

Date	Bleeding		Suppuration		Furcation		Mobility	PD > Alert		CAL < 0		CAL 1-3		CAL 4-5		CAL 6+	
	Teeth	Sites	Teeth	Sites	Teeth	Sites	Teeth	Teeth	Sites	Teeth	Sites	Teeth	Sites	Teeth	Sites	Teeth	Sites
11/10/2009	1	1	0	0	0	0	0	4	4	0	0	24	115	13	28	1	1
4/1/2009	23	60	0	0	0	0	0	9	25	0	0	19	68	20	65	5	11
11/12/2007	23	44	0	0	0	0	0	6	11	0	0	24	112	14	31	1	1

# Two Years Post Treatment

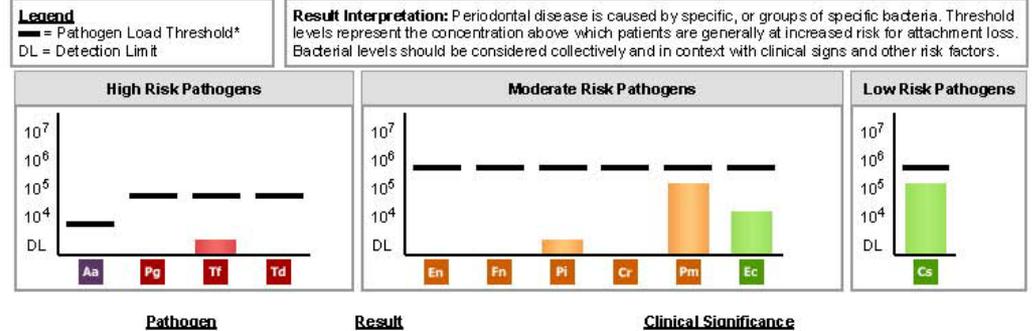
- Patient chart- 2 years post treatment

Result: **POSITIVE - PATHOGEN(S) REPORTED ABOVE THRESHOLD**



Initial MPP Result

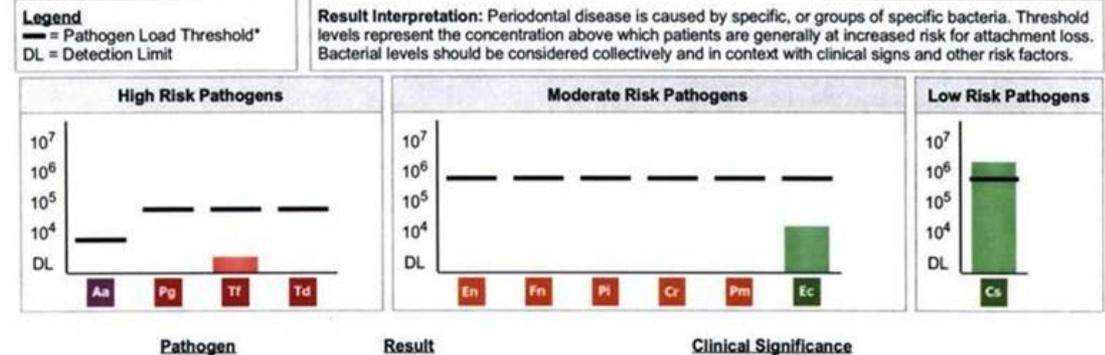
Result: **NORMAL - NO PATHOGENS REPORTED ABOVE THRESHOLD**  
 Bacterial Risk: **LOW - Some evidence of increased risk for attachment loss**



Tf Tannerella forsythia

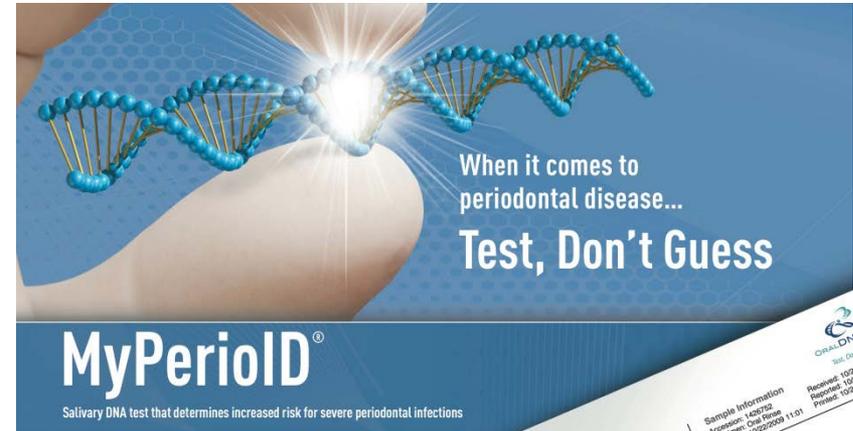
**Low** Very strong association with PD; common pathogen associated with refractory periodontitis. Strongly related to increasing pocket depths.

Result: **POSITIVE - 1 PATHOGENIC BACTERIA REPORTED ABOVE THRESHOLD**  
 Bacterial Risk: **LOW - Some evidence of increased risk for attachment loss**



# Beyond Bacteria- Your Inherited Risk of Periodontitis

- Pathogenic bacteria are only part of the story
- A person inherent genetic risk is a key component of one's susceptibility to develop periodontitis
- Genetic markers are predictive of
  - The onset of clinical disease
  - The rate of progression
  - The likely prognosis



## The test report will tell you:

- Which patients are at increased risk for more severe periodontal infections due to an exaggerated immune response

## Personalize therapy by:

- Establishing which patients are at risk before clinical signs and symptoms appear, and providing customized periodontal therapy considerations
- Determining which patients may require more aggressive treatment
- Optimizing preventive recare appointments

For more information, contact:  
855-ORALDNA or visit [www.OralDNA.com/professionals](http://www.OralDNA.com/professionals)



# The Genetic Risk of Periodontitis

- Three conditions to consider:
  - Heritable forms of periodontitis-*rare*
  - Genetic susceptibility to periodontitis-*very common*
  - Other diseases masking as periodontitis- *variable*
- More than 30% of test requests provide clinical report of “family history of PD”
  - Construction of a classic family pedigree does not support the majority of these cases as being heritable
  - Yet, what is the magnitude of that concern that PD runs in families?



Gender: Male

Gender: Female

Gender: Female

Ord  
Doug  
3684  
Bloor

Result:

Result:

Result:

Result:

POSITIVE

POSITIVE

POSITIVE

POSITIVE

This report has been revised  
01/22/2009 10:50: - First

Results:

Results:

Results:

Results:

IL-1A (+4845) Gen

IL-1B (+3954) Gen

Interpretation:

The results of the PS  
more severe periodo  
PST-positive patients

Comments:

- Significance:** This increased risk for s combination of the presence of a "T" a predisposes an ind aggressive treatme

- Risk:** Prevalence c populations. This fr that whenever the l susceptibility to per inflammation.

- Consider:** The PS overall evaluation c of the disease, and and oral hygiene h

Methodology: Genomic DNA is extracted and tested for two Interleukin-1 polymorphisms. These polymorphisms are tested via polymerase chain reaction (PCR), followed by melt curve analysis.

Methodology: Genomic DNA is extracted and tested for two Interleukin-1 polymorphisms. These polymorphisms are tested via polymerase chain reaction (PCR), followed by melt curve analysis.

Disclaimer: 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Dentists should consult with a periodontist or patient's physician when infections are advanced or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. This test was developed and its performance characteristics determined by OralDNA Labs. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

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IL-1A (+4845) Genotype **G**

IL-1B (+3954) Genotype **C**

Interpretation:

The results of the PST test in more severe periodontal dise PST-positive patients may re

Comments:

- Significance:** This individu increased risk for severe pe combination of the results f presence of a "T" at both IL predisposes an individual to aggressive treatment.

- Risk:** Prevalence of the PS populations. This frequency that whenever the PST-pos susceptibility to periodontal inflammation.

- Consider:** The PST test as overall evaluation of period of the disease, and additior and oral hygiene have an a

Methodology: Genomic DNA is extracted and tested for two Interleukin-1 polymorphisms. These polymorphisms are tested via polymerase chain reaction (PCR), followed by single base extension detection.

Disclaimer: 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Dentists should consult with a periodontist or patient's physician when infections are advanced or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. This test was developed and its performance characteristics determined by OralDNA Labs. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

Gender: Female

Ordering Provider

Douglas Thompson  
3684 West Maple Rd  
Bloomfield Hills, MI  
48301 248-642-1000

Sample Information

Accession: 10170406  
Specimen: Oral Rinse  
Collected: 10/21/2010

Received: 10/26/2010 10:28  
Reported: 11/11/2010 13:59  
Printed: 11/11/2010 13:59

Result:

POSITIVE

Results:

IL-1A (+4845) Genotype **G** **T**

IL-1B (+3954) Genotype **C** **T**

Interpretation:

The results of the PST test indicate that your patient is POSITIVE and has an increased risk for more severe periodontal disease due to the genetic variations examined in this test. PST-positive patients may require more aggressive treatment.

Comments:

- Significance:** This individual has the "PST-positive" genotype and is therefore at a 3-7 fold increased risk for severe periodontal disease. The PST composite genotype is based on the combination of the results for the IL-1A and IL-1B genes. Any combination that includes the presence of a "T" at both IL-1A (+4845) and IL-1B (+3954) is defined as PST-positive and predisposes an individual to more severe periodontal disease which may require more aggressive treatment.

- Risk:** Prevalence of the PST-positive genotype ranges from 30 to 40% in Caucasian populations. This frequency may be different in other ethnic groups. It is important to note that whenever the PST-positive genotype is present, it is associated with an increased susceptibility to periodontal disease and overproduction of IL-1, a cytokine that amplifies inflammation.

- Consider:** The PST test assesses one of several risk factors that should be included in an overall evaluation of periodontal disease. Specific bacteria are associated with the initiation of the disease, and additional risk factors including genetic susceptibility, smoking, diabetes, and oral hygiene have an amplifying effect on periodontal disease progression.

Methodology: Genomic DNA is extracted and tested for two Interleukin-1 polymorphisms. These polymorphisms are tested via polymerase chain reaction (PCR), followed by melt curve analysis.

Disclaimer: 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Dentists should consult with a periodontist or patient's physician when infections are advanced or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. This test was developed and its performance characteristics determined by OralDNA Labs. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

Test performed by:

Test performed by:

Test performed by: Interle

OralDNA Labs, Inc.

OralDNA Labs, Inc., 21

OralDNA Labs, Inc., 214 Overlook C

Medical Director: Ronald M

Medical Director: Ronald McGl

Medical Director: Ronald McGlenn, MD

OralDNA Labs, Inc., 214 Overlook Circle, Suite 120, Brentwood, TN 37027 6155779055; Fax: 6156272626 www.oraldna.com

Medical Director: Ronald McGlenn, MD

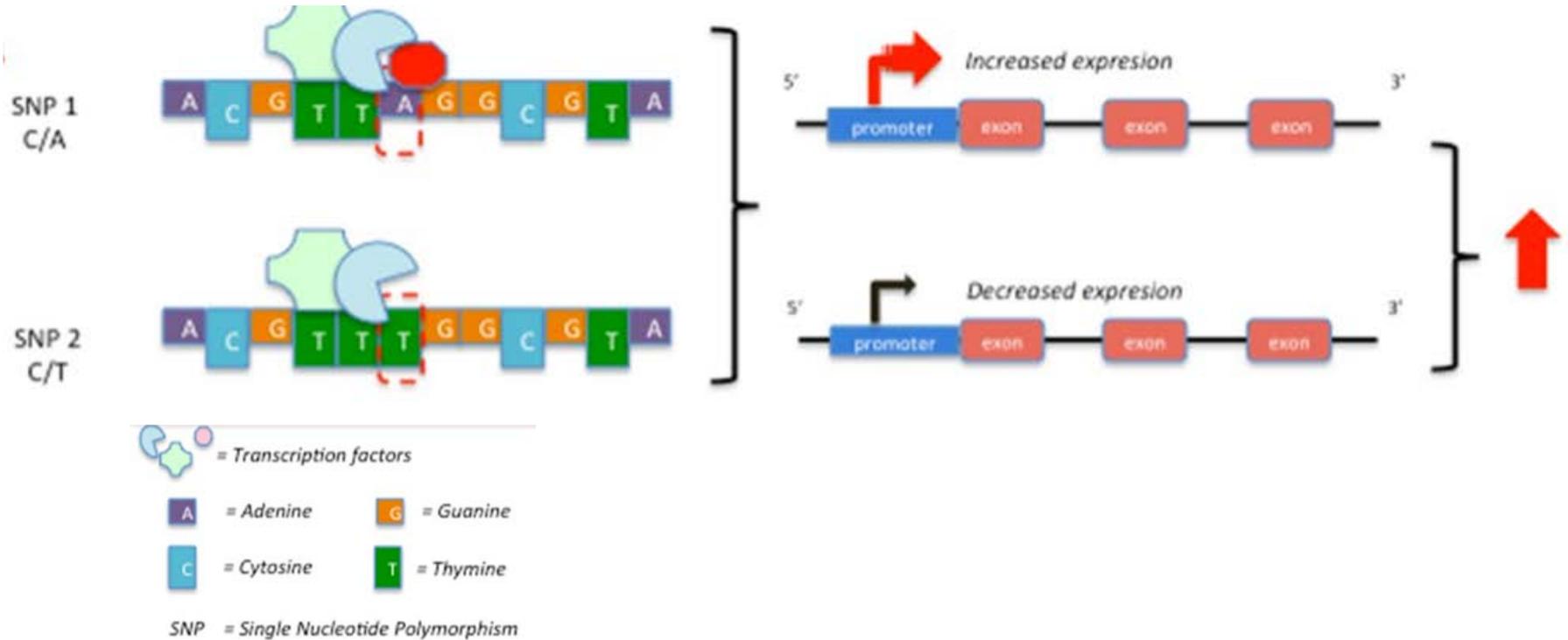
Chief Dental Officer: Thomas W. Nabors, DDS

# Genetic Variation: The Basis of Human Diversity

Variant	Variant	Variant	Variant
↓	↓	↓	↓
GTGCT <b>T</b> TCCT.....ATT <b>C</b> GTTTCAT....CAAAAATG <b>C</b> A.....CTG <b>A</b> GCACCC			
GTGCT <b>G</b> TCCT.....ATT <b>C</b> ATTTCAT ...CAAAAATG <b>T</b> A.....CTG <b>A</b> GCACCC			
GTGCT <b>T</b> TCCT.....ATT <b>C</b> ATTTCAT...CAAAAATG <b>T</b> A.....CTG <b>G</b> GCACCC			

Our ~~Genes~~ DNA Doesn't Say The Same Thing....

# How SNPs Affect Gene Expression and Risk of Disease



Nucleotide polymorphisms i.e. SNPs typically reside outside of the coding region of a gene. The physiology of SNPs is in the effect on gene expression. Some SNPs result in higher levels of gene expression, and others, lower.

# MyPerioID<sup>®</sup>: Genetic Assessment of The IL-6 Polymorphism

- MyPerioID<sup>®</sup> test for a single polymorphism (SNP) in the gene for Interleukin 6
- The interleukin 6 protein (cytokine) is a critical mediator of the primary inflammatory response to bacteria overgrowth
- Results are described as high, intermediate and low risk
  - High risk are persons with a heightened inflammatory response to bacteria
  - Heightened inflammatory response leads to associated bleeding, swelling and tissue destruction

**MYPERIOD<sup>®</sup>**  
FINAL REPORT

**ORALDNA LABS**  
Innovations in Salivary Diagnostics

Patient: 3, 3 (Id: 3333333) Date Of Birth: 05/06/1965 Gender: Female Reason for Testing: Patient with signs and symptoms of periodontal disease	Ordering Provider	Sample Information Accession: 33333333 Specimen: Oral Rinse Collected: 04/29/2013 11:13	Received: 04/30/2013 11:13 Reported: 05/01/2013 22:30 Printed: 05/03/2013 13:28
--	-------------------	--	---

Periodontal Inflammation Risk

**HIGH**

**Results:**  
MyPerioID Genotype **G/G**

**Interpretation:**  
This individual's interleukin 6 genotype (IL6) is G/G. This MyPerioID result indicates your patient has a high risk for periodontal inflammation due to the genetic variation examined in this test.

**Comments:**

- **Significance:** The prevalence of the G/G genotype is reported to be higher in individuals with moderate to severe chronic periodontitis and aggressive periodontitis than in individuals with no periodontal disease. This finding was independent of other risk factors such as age, smoking, ethnic origin. The G allele is associated with overproduction of interleukin-6 (IL-6) cytokine in the presence of pathogenic periodontal bacteria.
- **Risk:** Individuals carrying an IL6 G allele are associated with increased odds of the concomitant detection of A. actinomycetemcomitans, P. gingivalis and T. forsythensis.
- **Consider:** IL-6 is a potent stimulator of osteoclast differentiation and bone resorption, is an inhibitor of bone formation, and overproduction has been implicated in systemic diseases such as juvenile chronic arthritis, rheumatoid arthritis, osteoporosis, Paget's disease and Sjogren's syndrome. The MyPerioID test assesses one of several risk factors that should be included in an overall evaluation of periodontal disease. Specific bacteria are associated with the initiation of the periodontal disease. Additional risk factors including other genetic markers, smoking, diabetes, and oral hygiene have an amplifying effect on disease progression and duration. The incidence of IL6 genotypes is reported to vary by ethnicity. Additional testing, such as MyPerioPath, may be considered if not already performed.

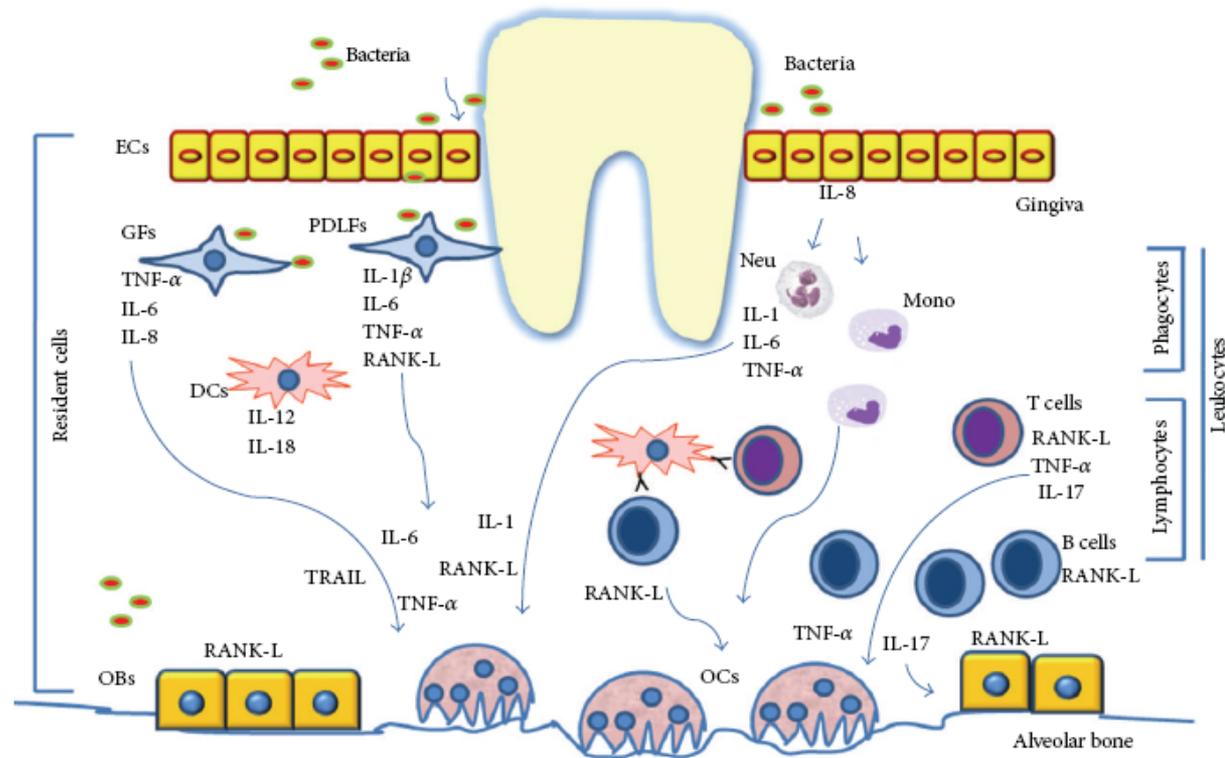
Methodology: Genomic DNA is extracted and tested for the interleukin 6 genetic variation located at position -174 (rs100795). This genetic variation is tested by methods of the polymerase chain reaction, endonuclease digestion and resultant restriction fragment detection by automated microcapillary electrophoresis.  
Disclaimer: 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Dentists should consult with a periodontist or patient's physician when interferences are anticipated or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. The test was developed and its performance characteristics determined by OralDNA Labs. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. The limitations of the test include: insufficient quantity or inadequate quality of DNA from the submitted sample. The results of the genetic test are non-diagnostic, but rather are useful in the evaluation of the tested risk of certain clinical conditions. This test is intended to be used in conjunction with other analytic and clinical assessments to establish a diagnosis. The test is a genetic result and as such has implications for the individual's relative genetic counseling for this result is available upon request.

OralDNA Labs, Inc., 7400 Flying Cloud Drive, Eden Prairie, MN 55344 855-ORALDNA, Fax: 952-942-0703 www.oraldna.com

Medical Director: *Robert J. Hoffman*

# Proteins at Work: A Model of Periodontitis

- Like any biologic signaling pathway, there are multiple proteins involved
- Genetic mutations in any of the genes involved in the signaling pathways can cause greater/less susceptibility to and severity of periodontal disease
  - Altered enzyme levels
  - Altered enzyme function/activity



Grano *et al.* Clinical and Developmental Immunology Volume 2013, Article ID 503754

# Genetic Susceptibility to Periodontitis: Multi-genic Model

- Beyond the “Human Genome Project”, the research community is working through the subject of human diversity
  - Variations in human genomic sequence that impart to people differences in normal, and susceptibility to disease
  - Generally, the metrics of genetic susceptibility, due to any one gene marker, **is small**, and hence not observable clinically
  - In aggregate, however, the effect of multiple markers can be used to predict and prognosis disease outcomes

# Calculating The Genetic Risk for Periodontitis

- There are a number of gene markers of risk for periodontitis
- Odds ratio is the standard method by which to calculate risk
  - How much more than normal is the risk of CP?
- The “net” effect of these gene markers may be:
  - Additive
  - Multiplicative
  - Positive and Negative

Marker	Range of Risk Multiple
IL1B-3954	.63-2.08
IL6-174	.55-2.46
IL10-592	.83-14.26
TNFa-308	.82-2.45
TLr4-299	.36-5.60

More than 70 differing gene markers have been demonstrated to have an associative role in CP

# Candidate Gene Markers of Risk for CP

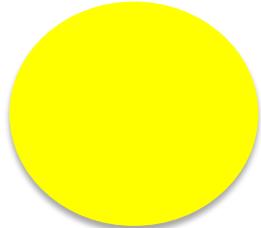
Gene	Coded protein
ACE	Angiotensin converting enzyme
CARD15(NOD2)	CaSpase recruitment domain-15 (NOD2)
CCR5	Chemokine receptor-5
CD14	CD-14
CTS C	Cathepsin C
ER2	Estrogen receptor -2
ET1	Endothelin-1
FBR	Fibrinogen
FCγRIIIa	Fcγreceptor IIa
FCRIIb	Fcγreceptor IIb
FCRIIIa	Fcγreceptor IIIa
FCRIIIb	Fcγreceptor IIIb
FPR 1	N-Formyl peptide receptor-1
G2m23	Immunoglobulin G2
HLADRB1	Human leukocyte antigen-DR
HLADQB1	Human leukocyte antigen-DQ
IFNGR1	Interferon γreceptor-1
IL1A	Interleukin-1α
IL1B	Interleukin-1β
IL1RN	Interleukin-1 receptor antagonist
IL2	Interleukin-2
IL3	Interleukin-3
IL4	Interleukin-4
IL6	Interleukin-6
IL10	Interleukin-10
IL18	Interleukin-18
LTA	Lymphotoxin-α
MMP1	Matrix metalloproteinase-1
MMP3	Matrix metalloproteinase-3
MMP9	Matrix metalloproteinase-9
MPO	Myeloperoxidase
NAT2	N-acetyltransferase-2
PAI1	Plasminogen-activator-inhibitor-1
PGHS 1	Prostaglandin endoperoxidase synthase
RAGE	Receptor for advanced glycation end products
RANK	Receptor activator for nuclear factor kappa B
TGFB	Transforming growth factor- β
TIMP2	Tissue inhibitor of matrix metalloproteinase
TLR2	Toll-like receptor-2
TLR4	Toll-like receptor-4
TNFA	Tumor necrosis factor-α
TNFR2	Tumor necrosis factor receptor-2
VDR	Vitamin D receptor

- Reflecting the strong interest in finding the “causative” gene for CP, conventional wisdom suggests that there is not 1 gene, but likely many
- Is it possible to test a patient for the whole list?
  - yes

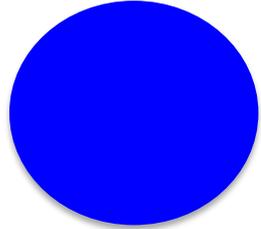
# Do The CP Risk Markers Relate to Each Other?

Prospective  
Gene Markers

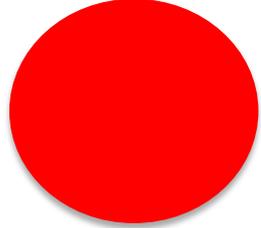
**A**



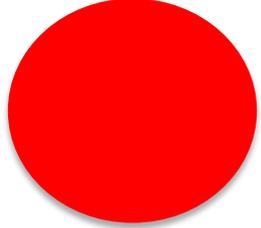
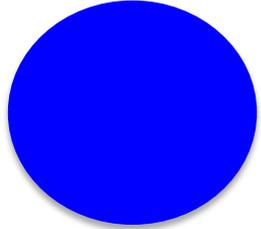
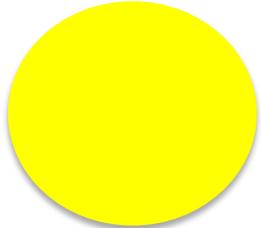
**B**



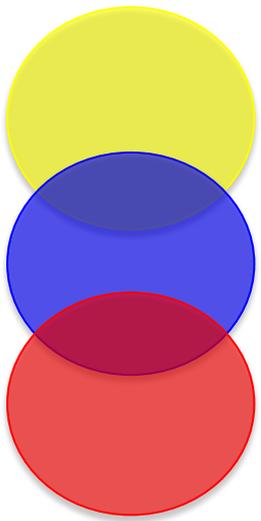
**C**



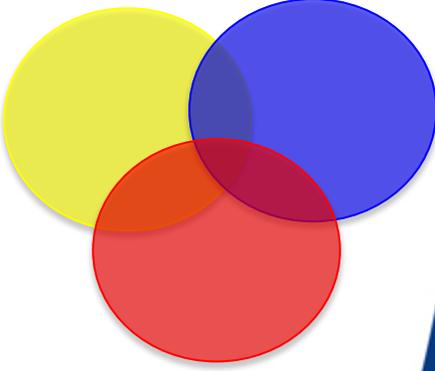
How Do these Genes Relate to Each Other?



Independent



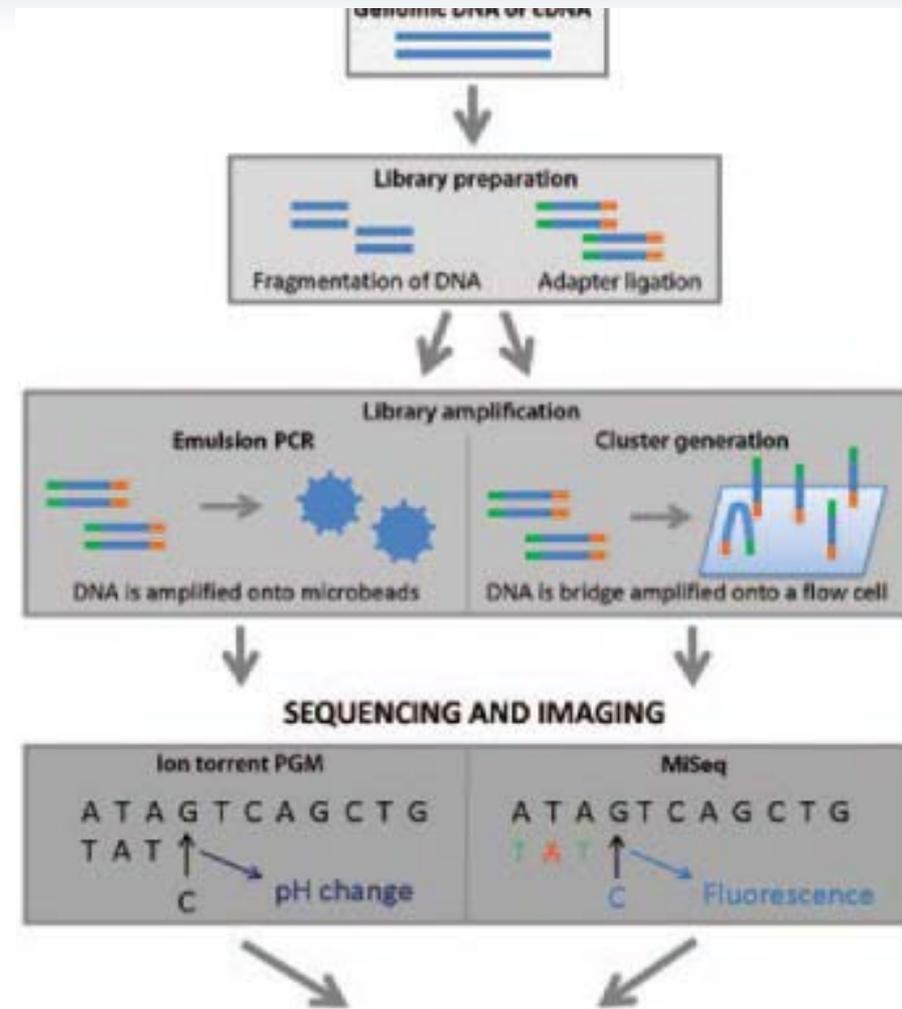
Differentially  
Dependent



Interdependent

# From PCR to Next Generation Sequencing

- Next Gen Sequencing
  - Lower cost and higher throughput alternative
  - Whole, and small genomes can be sequenced in about a day
  - Targeted sequencing allow the identification of disease causing mutation for diagnosis of pathological conditions
  - Target-Rich methods diminish testing challenges



# Introducing MyPerioGPS®

## Genetic Periodontal Signature

- The application of Next Generation Sequencing for salivary diagnostics
- MyPerioGPS® analyzes a series of 10 gene markers associated with the genetic risk of periodontitis
  - Results are reported as those markers with increase or normal risk
  - Each marker plays a unique and key role
    - Bone loss
    - Protection for bacterial infection
    - Vascular signs of inflammation
- MyPerio GPS® is highly unique to each patient and useful in the long term planning of patient care



**MyPerioGPS™**

FINAL REPORT



ORALDNA LABS  
Innovations in Salivary Diagnostics

**Report, Sample**

Date Of Birth: 10/29/1974  
Gender: Male

**Ordering Provider (ODNA0001)**

Jane Doe DDS  
7400 Flying Cloud Drive  
Eden Prairie, MN 55344

**Sample Information**

Accession: 13953259  
Specimen: Oral Fibres  
Collected: 05/11/2014 08:30

Received: 05/12/2014 10:35  
Reported: 05/12/2014 15:15

**MyPerioGPS: Genetic Periodontal Signature**

Gene Marker	Genotype or Composite Type	Predicted Effect on Periodontal Risk	
Beta-defensin 1	G/G	Normal	<b>Increased Risk Markers</b>  2
CD14	T/C	Normal	
Tumor Necrosis Factor alpha	C/C	Normal	<b>Normal Risk Markers</b>  6
Toll-Like Receptor 4 Composite Genotype	GG/TT	Increased	
Interleukin 1 Composite Genotype	TT/TT	Increased	
Interleukin 6	C/C	Normal	
Interleukin 17A	G/G	Normal	
Matrix Metalloprotein 3	GA/GA	Normal	

**Interpretation:** This individual has 2 genetic variant(s) associated with an increased risk of periodontal disease compared to the general population and 6 variant(s) with periodontal risk equal to the general population.

**Consider:** The analysis of a set of genetic markers associated with periodontal disease is a focused approach allowing the capture of a larger amount of relevant information that provides insight into the total genetic contribution to periodontal disease. The predicted effects reported are based on analysis of peer reviewed, published research data. The cumulative effect of these genetic markers on the risk of periodontal disease is unknown. These genotyping results are but one factor impacting the severity periodontal disease. Other genetic and clinical factors should also be considered when determining management practices for this patient. Page 2 of this report lists the known risk contribution of each genetic marker and publications reviewed in determination of the predicted effect.

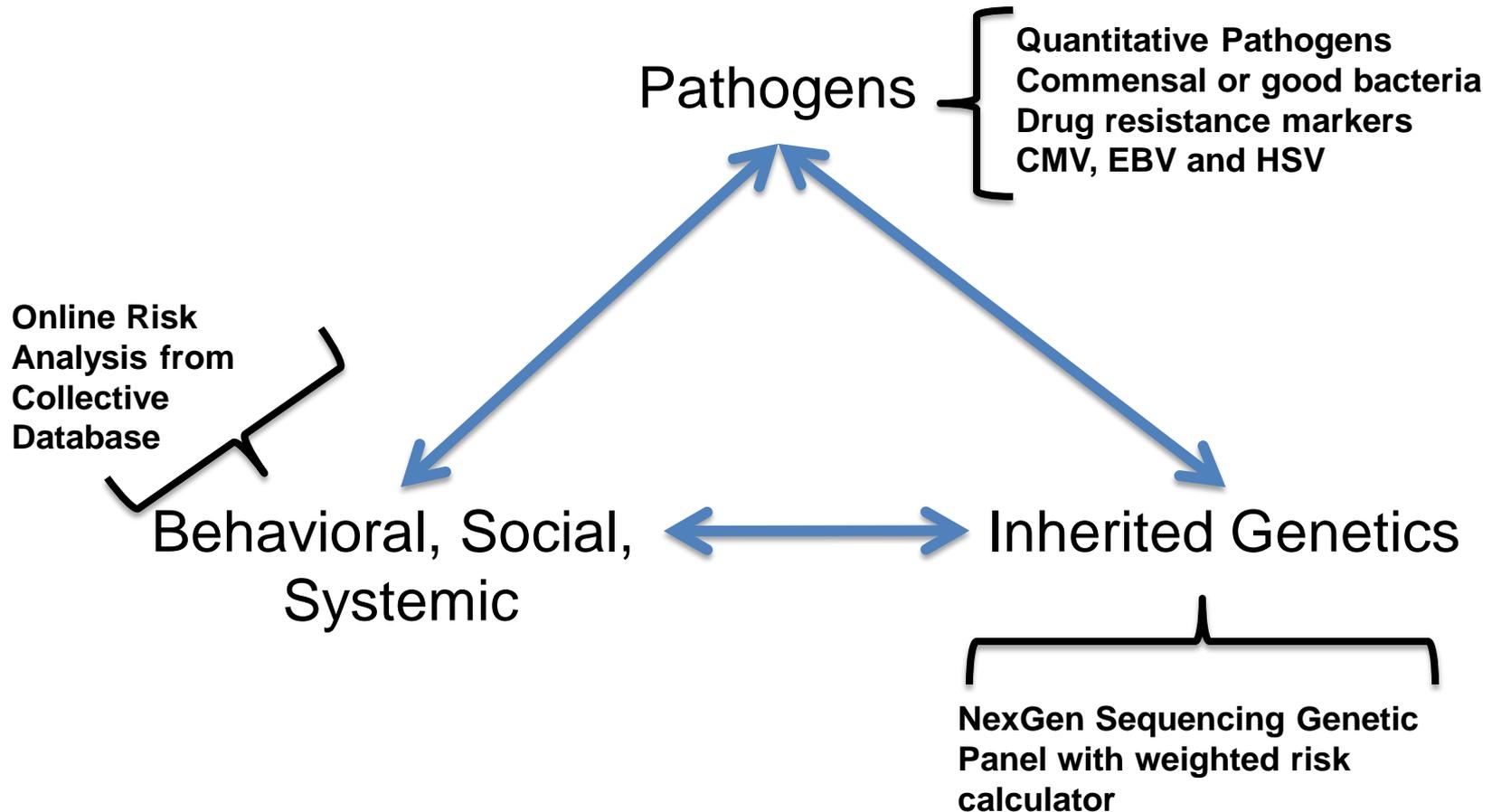
**Comment:** MyPerioGPS is intended to identify gene variations associated with periodontal disease development and progression and, therefore, individuals at greater risk compared to the general population. Periodontal disease is initiated by bacteria that activate immune cells at the site of infection as a first line of defense. These immune cells release pro-inflammatory cytokines that regulate the migration and activation of additional cells that produce antibodies and other cytokines to counteract the infection. Over expression of cytokines and chemokines in the initial and secondary immune response can lead to supportive connective tissue and alveolar bone degradation, which is the hallmark of periodontal disease. Thus, knowledge of how an individual's genetic profile affects the regulation of immune actions and inflammatory responses is critical to the understanding and treatment of periodontal disease.

Methodology: Genomic DNA was extracted from the sample by method of proteinase digestion and column separation. Patient DNA was then subjected to amplification by method of target enrichment, a version of nested PCR, for the series of gene markers. Patient samples and controls were then sequenced using a MiSeq. The resulting DNA sequences were then analyzed using alignment and base call algorithms in the Kalos Blue software. The patient report was created by the review of these analyzed data along with the selection of medical comment and recommendations via TeleGene, a proprietary laboratory information system of Access Genetics, LLC.

Technical assay performed by Kalos Genetics, Huntsville, AL 850-929-0580

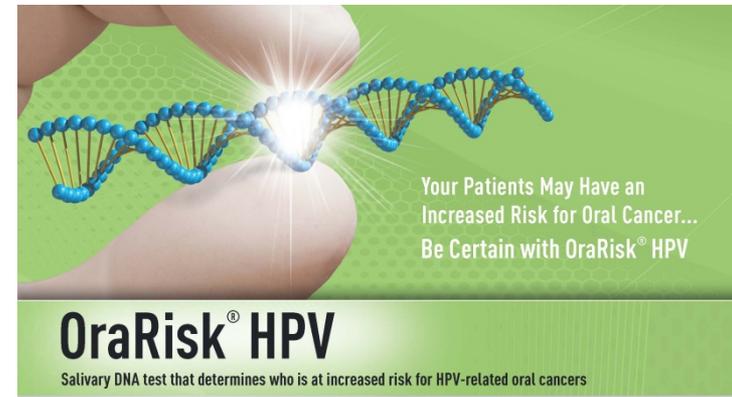
Medical Director Ronald McGlennen MD, PCRP, FACMG, ABMG

# Future Tests Offering for Management of Periodontitis



# HPV and The Clinical Search for Oral Cancer

- Management of diseases of primary concern to dentists is the opportunity to use the clinical laboratory to enhance the interface between dentistry and other medical specialties
- The application of testing for oral HPV infection is one such example
  - HPV is first an **infection-screening** for cancer risk
  - HPV is associated with a common cancer-**diagnosis**
  - HPV in oral tumors is a good **prognostic** feature



Your Patients May Have an Increased Risk for Oral Cancer...  
Be Certain with OraRisk® HPV

## OraRisk® HPV

Salivary DNA test that determines who is at increased risk for HPV-related oral cancers

### About oral HPV and oral cancer

The role of oral HPV in cancers of the head and neck is **unquestioned**:

- Oral HPV is now known to be an independent risk factor for oral and throat cancers
- The incidence of oral HPV-associated oral and throat cancers is estimated at 50-65%<sup>1</sup>

### The OraRisk® HPV test report:

- A non-invasive, easy-to-use screening tool to identify the type(s) of oral HPV present, as well as the associated risk profile for each type detected
- Lists oral HPV types as high, low or unknown risk based on the virus's association with malignant changes in HPV-infected cells
- Enables the clinician to establish increased risk for oral cancer and determine appropriate referral and monitoring conditions

### Who should be tested?

- Patients with traditional risk factors for oral cancer
- Patients who are sexually active
- Patients with a family history of oral cancer
- Patients with signs and symptoms of oral cancer
- Patients with suspicious oral lesions

For more information, call 855-ORALDNA or visit [www.OralDNA.com/professionals](http://www.OralDNA.com/professionals), [www.cdc.gov](http://www.cdc.gov) or [www.oralcancerfoundation.org](http://www.oralcancerfoundation.org).



Reference:  
1. D'Silva S, Kreimer AR, Vicri R, et al.  
Case-control study of human papillomavirus and  
oropharyngeal cancer. *Arch Intern Med* 2003; 163:1044-56.  
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# HPV Associated Oral Lesions

- The role for HPV in cancers of the head and neck is unquestioned
  - The prevalence of HPV infection in the oral cavity is unknown but is approximated to be 18-25%
  - The incidence of HPV associated oral cancers is estimated at 50-70% of all oral cancers
  - Current testing modalities identify HPV in approximately 70% of oral epithelial lesions



Oral leukoplakia



Squamous cell carcinoma

# OraRisk® HPV: Type Specific Detection of Human Papillomavirus from an Oral Rinse

- HPV is now known to be associated with oral dysplasia and cancers as well as in other sites of the head and neck
- As is true in the case of the genital tract, knowing the type of HPV is imperative
- HPV are listed as high and low risk, based on the likelihood of transforming cells
  - Most infections in the mouth are high risk.

**ORARISK™HPV**  
FINAL REPORT



**ORALDNA LABS**  
Innovations in Salivary Diagnostics

**Ordering Provider**  
Doe, Jane P.  
Date Of Birth: 01/01/1988  
Gender: Female

**Sample Information**  
Accession: 8008531  
Specimen: Oral Rinse  
Collected: 11/28/2009 19:39

Received: 11/30/2009 19:39  
Reported: 12/01/2009 21:12  
Printed: 12/01/2009 21:12

**Result: POSITIVE - HIGH RISK HPV IDENTIFIED** 16 18

HPV Type(s) Identified	Patient Risk
Mixed Types	High

Test Information	
Reason for test:	Presence of Lesion
Lesion Size:	40mm x 50mm
Lesion Color:	Red
Lesion Location:	Soft Palate
Additional Clinical Information:	

**Interpretation:**  
This sample is positive for the following HPV type(s) (16,18). This HPV infection is considered a high risk for development of dysplasia or neoplasia of the oro-respiratory tract. See comment.

**Comment:**

- **Significance:** HPV of the oro-respiratory tract is caused by person to person contact with implications for the development of cancers such as those involving the oral mucosa, the tonsils and the base of tongue. The diagnosis of dysplasia and cancer are based on the morphologic assessment of a cytology or tissue specimen obtained from biopsy.
- **Risk:** The assignment of risk of a given HPV type involves several factors including the time duration of the infection, the patient's hormonal and immune status and whether there are coincident social habits or underlying disease that increase the general risk of malignancy. The HPV type identified in this sample is listed as high risk, meaning that these viruses have been associated with malignant changes in infected cells.
- **Consider:** A current recommendation following the result of a high risk HPV infection is close observation and repeat testing for persistent HPV one year (12 months) later.

**Methodology:** Genomic DNA was extracted from the submitted specimen and amplified by Polymerase Chain Reaction (PCR) using primers specific for the human papilloma virus (HPV) Genome. HPV DNA positive PCR products were subjected to digestion by restriction enzymes. Digested DNA fragments were then separated on a polyacrylamide gel, visualized by aid of ethidium bromide and HPV genotype determined by matching the fragment pattern to that of known HPV restriction fragment patterns.

**Disclaimer:** 1. OralDNA is not liable for any outcomes arising from clinician's treatment protocols and decisions. Dentists should consult with a periodontist or patient's physician when infections are advanced or as indicated by patient's medical condition. 2. OralDNA is not responsible for inaccurate test results due to poor sample collection. 3. This test was developed and its performance characteristics determined by OralDNA Labs, Inc pursuant to CLIA requirements. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

Additional information is available from [MyOralDNA.com](http://MyOralDNA.com) on:

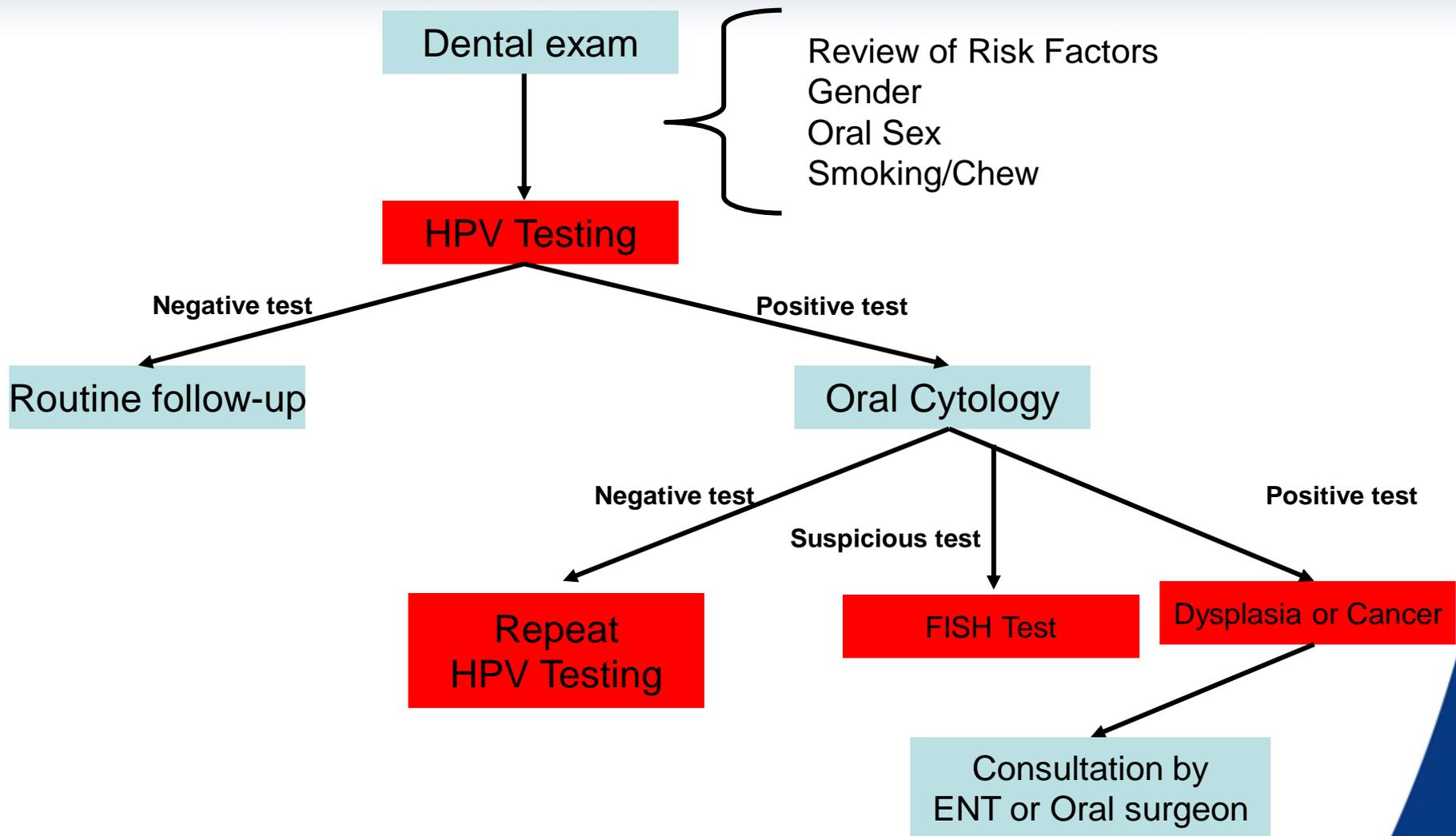
Patient Communication	Sample Office Protocol	Using OralDNA
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OralDNA Labs, Inc., 214 Overlook Circle, Suite 120, Brentwood, TN 37027 6155779055; Fax: 6156272826 www.oraldna.com

Medical Director: Ronald McGlennen, MD

Chief Dental Officer: Thomas W. Nabors, DDS

# A Model to Screen for Oral Cancer



# Summary

- The routine use of gene based testing is routine and part of the management of every patient with periodontitis. Such tests are:
  - Objective
  - Useful in selection of therapy
  - Predictive
- Specifically:
  - Test for the offending pathogens
  - Re-test consequent to treatment to assess the effect on bacteria
  - Test for inherited genetic markers in consideration of the long-term plan for each patient

# Salivary Diagnostics and the AAOSH Mission

- The advent of the salivary diagnostics offers the dentist and physicians alike with results that are objective, reliable and actionable
- Valuable in the assessment of health and disease in other organ systems
- This lecture has been a preview of the role of these tests in the assessment of periodontitis, equal time could be spent on the matters of
  - Preventative cardiology
  - Metabolic syndromes
  - Disease of immunity

# OralDNA® Labs



- **DNA(bacterial)**
  - **MyPerioPath®** establishes bacterial risk and can help guide therapy based on causation
- **DNA (genetic)**
  - **MyPerioID® and MyPerioGPS®** establishes genetic risk and can help guide therapy based on genetics (**GPS genetic panel coming soon**)
  - **DNA DrugMap®** allows for personalizing prescription and dosing choices
- **DNA (viral)**
  - **OraRisk® HPV** identifies HPV status (separate risk factor for oral cancers)

# Thank You!

For information contact:

855-ORALDNA

[www.oraldna.com](http://www.oraldna.com)

drdoug@ioralmed.com