



## Dr. Mike Milligan

Dr. Mike Milligan earned his Bachelor of Science in Biology from the University of Houston, where he competed on the golf team with teammates Fuzzy Zoeller, Bruce Lietzke, and Bill Rogers. He has won 137 amateur golf tournaments including the Illinois State Amateur, Illinois State Match Play, and Butler National Amateur. Dr. Milligan helped develop the World Golf Tour, and co-founded the National Competitive Golf Tour.



Dr. Milligan graduated first in his class from Southern Illinois University School of Dental Medicine in 1978. Since graduation he has accumulated over 2400 hours of post-graduate continuing dental education. Dr. Milligan is a full time practicing dentist. He owns and maintains Eastland Dental Center, LTD, a high-quality multi-doctor dental practice in Bloomington, Illinois, in which he practices golden rule dentistry – the core philosophy that he will treat his patients the way he wants his own family treated.



Dr. Milligan built Eastland Professional Suites, a 26,000 foot professional building where his current dental office resides, and sold the other suites as condominiums to surgeons, ENTs, dermatologists, and audiologists.



Dr. Milligan is the Founder and President of OralSystemicLink.net, and OralSystemicLink.pro "Saving Lives through Oral Systemic Health." He is Founder and President of DentalMastermindGroup.com, "Helping Dentists Succeed." He is a Founding Member and Board Member of the American Academy for Oral Systemic Health. He has been owner and CEO of Scientific Health Products, LLC, and of Dental Health Products, Inc. He is on the advisory board for Mouth Watchers, a company with revolutionary new products for oral hygiene. Dr. Milligan was Chief Investigator for a billion dollar nutritional company of a groundbreaking study: "The Effects of a Nutritional Supplement



on Periodontal Health and Antioxidant Levels.” He created and was chairperson of the advisory committee of DentalNutrition.com. He was one of the earliest speakers and authors on the Oral-Systemic Link. Dr. Milligan was instrumental in bringing to the dental profession two highly effective products for oral sores: Viroxyn for cold sores (oral herpes) which usually manifest outside the mouth on the lips, and Debacterol for canker sores (aphthous ulcers) on the oral mucosa inside the mouth. Dr. Milligan has authored articles, contributed to articles, and/or lectured on a variety of dental topics to groups nationwide including Excellence in Dentistry, the Crown Council, 1000 Gems, Kisco Dental, The Richards Report, the Madow Brothers Monthly, Dental Equipment and Materials, Dental Economics, The American Academy for Oral Systemic Health, and others.

Dr. Milligan’s written mission is “to help people live better.” He enjoys spending time with his lovely wife, Karen, their four wonderful children, and their three beautiful grandchildren.

